The changing face of America

by Mari Feiteira
Ka ‘Ohana Co-Editor in Chief

Change is upon us, as Americans demonstrated when they elected Barack Obama as the country’s next president.

His victory as the United States’ first African-American president is being heralded as symbolic of changing racial attitudes. In his election-night acceptance speech, Obama said, “If there is anyone who still doubts that America is a place where all things are possible... who still questions the power of our democracy, tonight is your answer.”

However, despite all the progress certain groups have made to improve race relations, some say there is still a lot of work to be done.

During a student focus group at WCC, the Journalism 205 class discussed current issues and possible solutions from both national and local perspectives, offering insights from their own personal experiences with racism.

On a national and local level, race is still a factor in politics, even though we say it shouldn’t be if we are indeed “created equal.”

In fact, race, religion, gender and age are all factors that people generally consider when choosing political candidates.

“Prior to Obama running for president, if any black person said they were going to be president, somebody would have said they’re nuts,” said WCC student Bryan Jones. “Part of it, I think, is just a matter of getting your foot in the door.”

“Somebody has to be first,” agreed Darriel Miller. “I think that his being elected opened doors for people. It shows that you can be of any race, gender and age to accomplish things, so that’s really inspiring.”

With Obama elected as the next U.S. president, many say the country has taken a giant step forward in overcoming racial prejudice.

Poll results showed that some states, such as Virginia, Pennsylvania and Indiana, were predicted to support McCain but were won by Obama instead.

“I was a little pessimistic,” said Jones. “I didn’t think he would win. But I think that’s a positive thing because it showed that people are willing to give change a chance.”

“It really shows how far we’ve come as a country,” said Anna Mitchell.

“But it also brings up those nasty issues that we don’t want to talk about, like racism and religion,” said Patricia Brubaker.

However, the journalism students said they saw hope for the future.

“Obama has a huge opportunity to change a lot of negative stereotypes,” said Karen Bryan. “If he can get up there and show that he can do a good job, I think it will help make our country more well-rounded and, hopefully, erase a lot of hate.”

“The other hand, if he messes up or if something goes wrong, we have to wonder if it’s going to be blamed on his lack of experience or his race or origin,” said Mitchell. “What angle are people going to take as far as his failures and successes?”

Of those under age 30, Obama captured 68 percent of the votes, according to MSNBC’s Web site.

New or infrequently offered classes for spring semester

by Brett Hinkle
Ka ‘Ohana Staff Reporter

WCC will offer some exciting courses this spring, ranging from archaeoastronomy to video editing. Here are some highlights to help you plan your schedule.

ART 108: Elementary Studio, Drawing and Painting
Pre-reqs: None. TR 9:45 a.m. - 12:30 p.m.

This course focuses on acrylic painting, with an introduction to some basic drawing techniques and color theory. The course is appropriate for all students, from beginner to advanced artists. It is a course to “discover the artist in you,” while learning acrylic painting techniques. This course is offered only in the spring semester and will be taught by Antoinette Martin.

ASTR 130: Introduction to Archaeoastronomy
Pre-reqs: None. TR 11:15 a.m. - 12:30 p.m.

Gloria Simeon (exchange student from University of Alaska) and WCC student Ikaika Dilliner operate the rotary evaporator in their BC Botany class.

Uncover the mysteries of Stonehenge, the Mayan calendar and the Great Pyramid of Egypt. This new interdisciplinary course for non-science majors explores how cultures from around the world have used astronomy in their mythology, calendar systems, navigation and more.

Special emphasis will be given to Hawaiian archaeoastronomy. Using the Imaginarium, students will learn how to observe the motions of the sky just as ancient cultures have done throughout history. So if regular astronomy doesn’t sound like your cup ‘o tea, then use this one as an alternative for that natural science credit. This is the first time this course is being offered and will be taught by Nancy Ali.

BOT 205: Ethnopharmacognosy
Pre-reqs: Credit or registration in one of the following (BOT 101, BOT 103, BOT 130, MICR 130, MICR 140, BIO 172/L, CHEM 152/L) MW 130 p.m. - 4:15 p.m.

The course focuses on learning to research medicinal and nutritional properties of plants for use in product manufacturing. It is one of the required courses to fulfill the Academic Certificate in Plant Biotechnology. Students will gain knowledge and experience in pharmaceutical research and bio-product manufacturing. It is for those who wish to become entrepreneurs or to transfer to four-year degree institutions majoring in pharmacy or biotechnology-related fields. One of the required textbooks this semester was written by the BOT 205 Spring 2008 class.

REGISTER FOR SPRING

Here are some important dates for enrolling next semester:

• Register online via myuhportal.hawaii.edu.
• Regular registration runs now through Jan. 11.
• Counselor registration appointments for all students begin Monday, Nov. 17. Call 235-7413.
• Late registration runs Jan. 12 to 16. Tuition is due by Jan. 2, 2009 for those who have registered up to that date; after that, tuition is due at the time of registration.
The nation looks to the future with Obama

by Brett Hinkle
Ka ‘Ohana Staff Reporter

In terms of U.S. history, Nov. 4, 2008 will be remembered as the day everything changed. That day marks Barack Obama’s election as the first African-American president of the United States.

So in this time of transition, what can we look forward to over the next few months and the next several years? That all depends on Obama fulfilling his campaign promises, said WCC political science professor Roy Fujimoto.

The Obama campaign has said the most important focus now is the economy. According to the New York Times’ chief financial correspondent Floyd Norris, “There are more parallels between what Obama will now face and what President Ronald Reagan faced when he was elected 28 years ago.”

They were both elected in a recession, and Reagan chose to risk short-term, painful measures to alleviate the long-term issues with the economy.

So the question now, is will Obama choose to keep his focus on the long-term issues at hand, while stimulating the economy in the short-term and not worsening the problem in the future?

Other issues that Obama finds on his plate will be two on-going wars and withdrawing forces from Iraq while dealing with Afghanistan by sending some of the military forces there.

As far as domestic concerns, health care is still one of the biggest issues.

“The number one reason why Americans go bankrupt is due to hospital costs, when an uninsured family member is hospitalized for an illness or accident,” said Fujimoto.

Energy is also another major issue that needs addressing. “As long as we’re dependent on foreign sources of energy, we’ll have the same problem,” he said.

“We can’t afford to wait too much longer. We need to create an energy plan that will develop renewable sources of energy. We can then use the revenues from that energy source to pay for health care and other domestic concerns.”

There are so many needs and so few resources that there are some things we Americans might have to make sacrifices for, he added.

But in spite of all the issues Obama will have to deal with during his presidency, vast numbers of voters seem to still feel optimistic.

Many people who were in college in the 1960s thought the election of an African-American president would never happen in their lifetime.

They see his election as opening up the future for everyone. The next generation will no longer question, “Is it possible for an African-American to be president?” or “Is it possible for a woman to run for president?” No matter who you are, if you have the determination anything is in your grasp.

The question is no longer if Obama can achieve presidency, but how will he govern? The Obama message seems to be we are all in this together. The economy, the energy crises and the wars are not separate but are intertwined together or we will fail together.

Fujimoto said students should take heart in Obama’s victory and in the idea that all things are possible.

“Never give up, stay focused and persevere. If you don’t believe it, nothing will change. But if you stay on point, chances are things will change for the better,” said Fujimoto, when asked what students should take from this election.

The point is no longer about the past 200 years, or even the last eight years. The consensus seems to be that we must face our problems together as a single unified America.

Beware of unknowingly breaking cybercrime laws

by Bryan Jones
Ka ‘Ohana Writer

Self-awareness and personal discretion are a must when dealing with email and the Internet. That was the message from Chris Duque, a technology consultant and former police officer, at WCC’s Tech Talk 2008 last month.

The modern computer is only a tool, he said, adding, “Just like a handgun, law enforcement carries them, but so do criminals.”

Duque, a consultant with CyberWorx808, talked about the many ways to use the technology while also protecting yourself. “(The computer) is definitely a double-edged sword.”

His advice included using the computer safely for personal as well as for professional applications and some general commonsense email practices.

Misuse of the computer can result in the violator facing varying degrees of criminal, civil, administrative or personal penalties. The action may lead to more than one of those types of sanctions.

It has been reported that 75 percent of Americans use the Internet and spend an average of three hours a day online.

According to Duque, in 90 percent of network intrusion cases, the perpetrator is employed with the corporation that handled the compromised account.

He said it is easier to believe that an outside “criminal” committed the crime as opposed to someone at the institution, perhaps even someone you have seen or spoken to.

The threat of data theft is large enough that the U.S. Congress recently passed legislation to hold corporations responsible for a customer’s personal information they keep on file.

Professional or on-the-job use is another area where personal professional should steer clear of trouble. Oftentimes, it is complacency that will be an employee’s downfall. Duque said, “The failure to log off when not at one’s computer is often one of the biggest culprits.”

Having been a police officer, he equated it to a stolen car situation. Often crimes committed with vehicles are done with a stolen car, so the lawful owners end up getting questioned even though they are also victims.

The same thing can happen with an unattended computer terminal. It can be misused with the absent staff person held responsible for whatever happened at his or her work station.

Email is the other application of technology that has its own pitfalls.

The accidental misuse is sometimes the result of lapses in judgment on the part of the user, as in the case of Rex Johnson, the Hawai‘i Tourism Authority director who was forced to resign because he forwarded inappropriate email material.

His situation was a problem because he did it on his office’s network. Had he sent them from home, he would not have been in trouble with the HTA board, Duque said.

The other risk with email is the lack of knowledge about the original source and whether it could disrupt your operating system.

Duque advocated using one of the many commercial anti-virus software programs as the first line of defense against this type of threat.

“Protect your device, especially if your identity is attached to it,” he warned.

“Someone will misuse it and you will be the first one called in for the investigation.”

For those who inappropriately use technology for crime, he added, “You will take a hit. It is just a matter of time.”

Ko Ohana Staff Reporters

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Ko Ohana is published weekly by the students of Windward Community College, 43-770 Koalani Blvd., Kane‘ohe, Hawaii 96744. Phone (808) 236-9185 or 236-9187. The newspaper reflects only the views of its students and faculty. Visit the Ko Ohana website at www.KoOhanaOnline.org.
WCC chickens: friends or fowl?

by Patrick Hascall
Ka ‘Ohana Editor in Chief

W
indward Community Col-
lege’s population has grown
in recent years with a “chick,
chick here and a chick, chick there.” It
is almost impossible to step outside
a classroom or walk to your car without
seeing and hearing a G. gallus domesti-
cus (chicken) as it free-ranges around
campus.

Chickens are an unusual feature for
a college campus, to be sure, but
then WCC is no ordinary campus.

Tucked against the Ko’olau Mountains
and receiving regular rainfall, the
campus’s lush vegetation is a regular
resort for the comical birds.

But how does the human popula-
tion of WCC feel about its poultry?

Conflicting views about the cack-
lers’ presence spurred an email frenzy
among WCC staff members who were
asked to voice their opinion on the
growing population. Responses were
colorful, to say the least!

Music professor Gloria Falstrom
was not the least bit nostalgic about
the chickens as she recalled her child-
hood.

“I personally think the chickens
are a nuisance, as well as potential
 carriers of disease,” said Falstrom.

“My parents raised chickens, which
we ate after my mother wrung their
necks and dipped them in boiling
water so we kids could de-feather
them—one of my all-time least favor-
able experiences. We kids could de-
feather the chickens because of my all-time least favor-
tity activities.”

Ceramics professor Paul Nash
also has fowl feelings towards the
chickens on campus.

“I believe chickens can carry all
kinds of diseases,” said Nash. “I have
had chickens and chicken (poop) in the
back area of the ceramics studio. Yes, they are
a nuisance.”

Contrast to popular belief, though
sometimes messy, free-range chickens
are relatively clean and rarely carry dis-
eases harmful to humans. Most diseases
are associated with large commercial
populations. Also, according to several
avian disease sources, most poultry-born
diseases are not detrimental to human
health.

However, there are some viruses that
have experts concerned, as with the Avian
Influenza A virus scare, more commonly
called the “Bird Flu.”

According to the New England Jour-
nal of Medicine, the virus, in rare cases,
caused illness in humans and other animal
species, but is generally restricted
to large avian populations such as poultry
farms. The virus is contracted by humans
through the practices used in handling
and processing the birds for market.

Chickens are very active birds,
sniffing here or there for insects
and grubs. They are also inquisitive,
investigating anything that invades
their surroundings. Roosters can also be
quite aggressive when defending their
 territory.

Campus computer specialist Scott
Masuno lightheartedly relayed one
feather-ruffling experiences.

“If you were born early enough, you
will remember the sheer terror of Alfred
Hitchcock’s masterpiece “The Birds,” said
Masuno. “Imagine my horror as I noticed
the gradual, stealthy, yet menacing ap-
proach of a congregation of these avians
as I exited my car behind Alaka‘i…and
not another human in sight to hear my
anguished cries…”

Chickens can be beneficial. The birds
are excellent pest controllers, keeping
insect populations in check. They are
also known to be good for the landscape
with their constant turning over of soil
and underbrush.

However one may feel about
WCC’s flock, it is highly unlikely that
they could ever be completely eradi-
cated, if ever deemed necessary, due
to the population in the surrounding
countryside and their steady repro-
ductive cycle. Chickens arrived in the
islands with the first Polynesians and
they are here to stay.

“I would like to speak in favor of
the chickens, many of whom share our
space out at Hale ‘Alo,” said linguis-
tics lecturer Laurie Tomchak.

“They remind me of my pioneer ancestors,
who loved—and wrung the necks of—countless poultry.”

Campus going green with Ecology Group

by Kaiser Noodles
Ka ‘Ohana Staff Reporter

You’re down to the last sip of your
drink, your next instinct is to
throw away the bottle, but there is no
recycling bin to be found. You then
think, “Why aren’t there more recy-
cling bins on campus?”

There is a way for your voice to
be heard: simply join the Ecology
Group.

Their mission statement is “to
establish and promote environmen-
tally sound and sustainable practices
on campus and in the community
through education, innovation and
action.”

The “official” name of the group
is still being determined.

The meetings consist of discus-
sions about ideas to promote sustain-
ability on campus.

Some of the ideas so far include
how to save electricity, what to do
with organic waste produced by the
media center and cafeteria and how
to improve recycling.

WCC media staff member Sandi
Carmichael has been investigating the
use of earthworms to process organic
waste and how it could be profitable.
Earthworm composting would
produce a marketable product that
could be sold.

“Earthworms help to not fill
up the landfill,” says Carmichael.

“The recycling sets a good example
for students and has the potential
of earning money from the sale of
worms.”

Another idea is to simply add
recycling bins in each campus build-
ing.

However, they’re not just any
type of recycling bins; they are
eco-friendly recycling bins.

To get stu-
dents involved, campus clubs
and other orga-
nizations would
be responsible
for maintaining
the bins.

Simple ideas
were also brought
up to save elec-
tricity, such as
turning off the
lights if no one
else is using the
bathroom or
turning off the
computers when they are not in
use.

To build awareness, there are
already small, friendly reminders
right next to the light switch in every
bathroom on campus to turn off the
lights.

Other suggestions included
switching to low-consumption light
bulbs, using de-humidifiers instead
of relying on air conditioning to de-
humidify the air and switching to
photovoltaics.

The suggestions to conserve
energy might seem small, but on a
larger scale, the college’s electricity
consumption is actually the biggest
sustainability issue.

At the Oct. 23 meeting, WCC aca-
demic developer Brian Richardson
was elected Ecology Group chair.

Richardson says, “The goal of
the group divides into three gen-
eral parts: to change the way
WCC relates to the environment
around us, to change the infra-
structure of the college to promote
sustainability and to educate the
college and the community about
environmental issues and possible
solutions.”

Let’s keep the campus green
by getting involved, whether it be
through joining the Ecology Group
and voicing your own ideas to help
the environment or by picking up
a piece of trash on the way to your
next class.

As we see by every light switch
on campus, “Conserving energy is
in your hands.”

For further information about
the Ecology Group and future projects,
check out their Web site at http://
windward.hawaii.edu/eco/.
Short Takes

CENT Takes You Places

Students looking for careers in the information technology field are invited to a workshop Thursday, Nov. 20 at 12:30 p.m. in Hale No'eau 123. The speaker will be Honolulu CC instructor Mike Castell of the Computing, Electronics and Networking Technology (CENT) program. The CENT program is designed to provide a mixture of knowledge and hands-on training with an emphasis on preparing students for entry-level employment in the information technology industry.

“The careers are limitless,” says Castell. “You can go into just about any area.” Fields include networking, cabling, fixing computer hardware, administration and telecommunications, to name a few.

“There are just too many to mention.” The CENT includes two and three-year programs as well as a transfer program to UH-West Oahu.

Became a Lifesaver, Give Blood

Phi Theta Kappa will once again hold a Blood Drive on Monday, Nov. 17 from 9 a.m. to 3 p.m. in the Pālanakila lobby. Those giving blood should bring a valid picture ID with birthdate. For appointments or more information, contact Ben Moffat in Pālanakila Room 138, 236-9138 or email ben517@hotmail.com.

Windward Mall Celebrates the Season

It’s beginning to feel a lot like Christmas, especially at Windward Mall. Starting this month, the mall has planned a series of events to get everyone into the holiday spirit.

The list includes Santa photos, a “snowing tree” at Center Court with simulated snow flurries, a Festival of Giving to support local schools and a “Blitz” event the day after Thanksgiving. It’s beginning to feel a lot like Christmas, especially at Windward Mall.

Palikū Auditions Set

Auditions for “The Wind in the Willows” directed by Ron Bright will be held on Tuesday, Nov. 18 and Thursday, Nov. 20 at 7 p.m. at Palikū Theatre. They are open only to current and former WCC students.

Participants will be asked to read from the script and to sing a song, which they should bring sheet music for. An accompanist will be provided.

Rehearsals will be held on Tuesday, Wednesday and Thursday nights from 6:30 to 9 p.m. and Saturdays from 9 a.m. to 12:30 p.m. from Dec. 2-13 and Jan. 6-Feb. 2.

Performances are Feb. 2-6 at 9 p.m. and 10:30 a.m., Saturday Feb. 7 and 14 at 7 p.m. and 10:30 a.m. and Sunday Feb. 8 and 15 at 2 p.m.

For scripts and further information, contact Ben Moffat in Pālanakila Room 138, 236-9138 or email ben517@hotmail.com.

New senators ‘spice up’ activities

T he presidential election wasn’t the only political hoopla this fall. WCC’s newly elected 2008 ASUH officers include: president Casey-Blu Judd; vice-president Michele Navarro Ishiki; student activities coordinator James “Jimbo” Medeiros; treasurer Sean Doyle; and senators Alicia Kala-hiki, Aron Rogerson, Laurie Loa, Makaha’a Wolgramm Michael-Ann Fellez and Na-kaeha “Kai” Kaulupali.

WCC’s student government members and advisor Leslie Opulauoho meet weekly to plan campus activities.

“We hope that students can join in on the upcoming events the ASUH has planned,” says Medeiros. WCC-ASUH has several activities planned throughout November, including the Mid-Month Munchies Nov. 17 in the Pālanakila lobby from 5 to 7:30 p.m. and a Dessert Day Nov. 20 in Pālanakila courtyard from 12:30 to 1:30 p.m.

From Nov. 17 to Dec. 5, any WCC student can sign up for Intramural 3-on-3 Basketball Dec. 12 at the Kanehoe District Park Gym from 10 a.m.

Just go to the ‘Ākoakoa Student Activities Center or the ASUH office in ‘Ākoakoa 203 or email wccasuh@hawaii.edu to register.

All you need is a team name, a team captain and the names of the players. Prizes will be awarded after the games.

Also, the ASUH is planning a “Giving Thanks” day Dec. 4 at 12:30 p.m. to acknowledge all WCC faculty.

Students can write a message of thanks on a 3 x 5 card to a particular teacher and drop it off at the Student Activities Center.

Faculty will be honored in ‘Ākoakoa atrium at lunchtime on that day. Stop by the ASUH office in Hale ‘Ākoakoa Monday, Wednesday and Friday from 8:30 a.m. to 3:30 p.m. and on Tuesdays and Thursdays from 8:30 a.m. to 4:30 p.m.

Their meetings, which are open for anyone to attend, are just what you need if you would like to get better acquainted with your school and your student officers.
Field reflects on lessons of history

by Martin Iwasehi
Ka ‘Ohana Writer

Every day he leaves his office, headphones in hand, passing by a large, gold-framed, 1892 explorer’s map hanging on the wall. The clicking of his shoes echoes against the high ceilings as he climbs two sets of stairs and heads towards the classroom at the end of a large hallway.

As he enters the room, any worry or feeling of tiredness leaves him as he glances at the faces of students who are eager to learn.

Paul Field has found true happiness in teaching history at Windward Community College. “I can be up about stuff and then go into a classroom and it disappears,” said Field with a smile.

His lectures are full of animated gestures, an excited waving of hands and upbeat pacing. He answers questions with an optimistic grin and explains the entire country.

Field has worked at other jobs—from being a manager of a bar to presenting educational supplies company—teaching is where his heart is.

In the classroom, Field does not hesitate to share his own life experiences. Everything he does, his life experiences, he shares.

Field began his career in teaching at Windward Community College in 1995, recruited Ka’iulani Murphy by Liko Hoe.

“Very early on, in his History 152 classes, there is a point when he must discuss the Vietnam War. To aid that discussion, he passes out a short story titled: “It Was Twenty Years Ago Today.” This story was written by Field and describes his experiences in the Vietnam War.

Eighteen years before Field began his career in teaching, he was a corporal in the Vietnam War. He was still in graduate school when he received his draft notice. Like many other men who had received the same notice, Field considered his other options, like leaving the country. But he bravely decided to reply and said, “Not what I want to do, but this is what I will do, I will do my duty.”

And although he said, “I did not like being in a combat situation. I don’t think anyone does. Your goal is to make sure you get back in one piece,” he added, “I learned more about myself in those two years than at any other time in my life. I found out what I could do and what my limits were (physically).”

He learned that he was “good enough to lead people” and to stand up, take charge and assume responsibilities. After two years in the army and one year in Vietnam, Field came back from the war alone and there was “no transition.”

“I went through my physical, they gave me my last paycheck, put me on an airplane and that was it,” described Field. “In one day, I went from a week earlier being in a combat zone to being a civilian with no transition whatsoever.”

Relating to the Iraq war now is both easy and difficult for Field. Like the Vietnam War, he believes that the war in Iraq is slowly being forgotten and maybe should not have happened in the first place. “It was late in the war when it was there. The war had kind of just disappeared just like the Iraq war has now.”

Field’s teaching style in Vietnam was to jump-start to mastering the art of navigating, to jump-start to mastering the art of navigation. “One of the greatest things that (class) room, I’m content to take charge and assume responsibilities. After two years in the army and one year in Vietnam, Field came back from the war alone and there was ‘no transition.’”

“I went through my physical, they gave me my last paycheck, put me on an airplane and that was it,” described Field. “In one day, I went from a week earlier being in a combat zone to being a civilian with no transition whatsoever.”

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“If it was late in the war when it was there. The war had kind of just disappeared just like the Iraq war has now.”

Field brings Polynesian voyaging legacy to WCC

by Leilani Au
Ka ‘Ohana Staff Reporter

“Field brings Polynesian voyaging legacy to WCC

If you like being near the ocean, this is the class to be in,” said Michael Ah Chong, a student in WCC’s Polynesian Voyaging and Seamanship Lab. This course, which has been offered at WCC since 1995, recruited Ka’ulani Murphy, a protégé of Hawaiian navigator Nainoa Thompson to team-teach the class with Hawaiian studies assistant professor Liko Hoe.

A graduate of UH-Mānoa with a bachelor’s degree in Hawaiian Studies, Murphy has been studying non-instrumental navigation, or wayfinding, for almost 10 years.

“Field brings Polynesian voyaging legacy to WCC

Field brought the Polynesian Voyaging Team to Kailua to sail with them. Students from WCC’s Polynesian Voyaging and Seamanship Lab have sailed the Hokūle‘a, including her owner, Nainoa Thompson, who is one of the best-known living experts of ancient navigation.

“Field brings Polynesian voyaging legacy to WCC

Students interested in the subsequent course, IS 260B Polynesian Voyaging and Stewardship, for spring 2009 need to have taken IS 160A or IS 160B or may contact the instructor for consent to enroll.
I t's that time of year again—time to gather with loved ones and feast on excessive amounts of food, then hibernate for a few days. Thanksgiving is coming and the fun and pleasure of eating great food will run through the minds of Americans.

However, foodies might be thinking, “How can I jazz up this Thanksgiving’s meal?” I’m bored with the same turkey, mashed potatoes, stuffing and canned cranberry sauce. What’s out there that will intrigue my palate?”

Fear not, food lovers! We hope you will enjoy these tasty recipes that come from people who really want to spice up Thanksgiving.

Happy Thanksgiving

~by Sam Bui, Ka‘ōhana Staff Reporter

Holiday Oysters
A seaweed-lover’s delight.

Ingredients and cookware:
1 large orange
1/2 cup chopped onion
1/2 lbs ground Italian sausage or sweet sausage
1/3 cup whole milk
1/4 cup condensed milk
1 cup of cream cheese
½ cup any choice of crumbled cheese
1/3 cup apple cider vinegar
¼ cup honey
Dijon mustard
Salt and pepper
Toasted sesame seeds
Lightly toast almonds in dry pan and then toast sesame seeds separately. Next whisk together apple cider vinegar, Dijon mustard, salt and pepper. Then drizzle olive oil while whisking vinegar mixture until everything is completely blended. ‘Toss’ spinach with vinegar mixture and then add almonds, cranberries, cheese and sesame seeds.

Stuffed Mushrooms
A savory dish of delight.

Ingredients and cookware:
1/2 cup chopped onion
1/2 lbs of oysters.
1/2 red onion
1 box white mushrooms
1/2 cup chopped green onions
1/2 cups chopped parsley
1 cup parmesan cheese
1 tbs minced garlic
1 box of white mushrooms
1 tbs olive oil
Salt and pepper
Mixing bowl
Baking sheet pan

Remove mushroom stems and clean mushrooms. (Tip: Do not wash under water but wipe with damp paper towel or cloth to remove dirt. Washing or dunking in water will bruise and make mushroom mushy.)

Brush skin side of turkey breast with olive oil and season with salt and pepper or any other choice of seasoning. Don’t completely separate skin from meat. (For a healthier option, remove skin.)

Mix canned cranberry sauce with cream cheese and spread on a slice of toast. Put on sliced turkey, stuffing and a thin layer of mashed potatoes. That’s it! Will also go great as a breakfast dish with eggs and cheese on a toasted bagel just don’t add the gravy.

Pumpkin Trifle
A great alternative to the traditional pumpkin pie.

Ingredients and cookware:
1 can of pumpkin pie
1 cup of cream cheese
1/4 cups condensed milk
1/3 cups whole milk
1/4 cups rum (optional)
1 loaf of sweetbread
1/2 cup ricotta cheese
1 cup of cream cheese
1/3 cups whole milk
1/4 cups condensed milk
1/2 cup any choice of crumbled cheese
1/3 cups apple cider vinegar
1/3 cups honey
Dijon mustard
Salt and pepper
Non-stick spray or melted butter.

Break up sweetbread into bite-size pieces. Spray with rum to macerate bread. Next take all the other ingredients and whisk together. Mixture should be consistency of pudding when done mixing. Put first layer of the sweetbread on the bottom of the container. The second layer is pumpkin mixture. Repeat until all ingredients are incorporated. Top off with whipped cream. For a nice little kick, add lemon zest and chopped mint on top for a refreshing dessert.

Nana’s No Bake Cookies
For the sweet tooth in all of us.

Ingredients and cookware:
2 cups sugar
1/2 cup cocoa powder
1/2 cups oles (margarine or butter, or shortening will do)
3 cups quick oatmeal
1 cup peanut butter
1 cup milk
1 heaping vanilla
Cooking pot

Get ingredients and mix on top for a refreshing dessert.

Turkey Salad
A healthy way to get rid of those love handles.

Ingredients:
Spinach or mixed greens
Leftover cold turkey (preferably the white meat)
Dijon mustard
Slivered almonds and/or any other nuts
1/3 cup any choice of crumbled cheese
1/3 cup apple cider vinegar
4 cups olive oil
Dijon mustard
Salt and pepper
Toasted sesame seeds
Small knife

Thinly slice orange, lemons and limes and place into bowl. Serve as is and enjoy!

Citrus Cream Delight
A refreshing treat from canned soda.

Ingredients and cookware:
1 liter TUP or any soda citrus
1 can condensed orange juice
1 box vanilla ice cream
1 large orange
Dilute can of condensed orange juice according to instructions on can. Pour equal parts of soda and orange juice into punchbowl. Add about six generous scoops of vanilla ice cream in bowl. Thuty-sizie lemons, oranges and limes and place into bowl. Serve as is and enjoy!
Film feast for the holiday season

by Sam Bui
Ka ‘Ohana Staff Reporter

The holiday season brings a multitude of joyous activities. But even with a full plate, who doesn’t crave a good flick? Hunger not, movie junkies! A film smorgasbord, dripping with cinema gravy goodness, movie junkies! A film smorgasbord, try to survive the wilds of Africa. Their airplane crash-lands, the four friends try to fly back to New York City with the help of some penguins. When their plane crashes, the four friends begin a new adventure as they try to survive the wilds of Africa.

Quantum of Solace (Nov. 14)

Daniel Craig is back as Ian Fleming’s 007. Like other Bond films, there will be action, clever humor, suave alcohol references—and yes, the spicy leading lady. So get ready to supply yourself with enough snacks to feed a thousand secret agents and prepare to be shaken, not stirred.

The Day the Earth Stood Still (Dec. 12)

A remake of the 1951 classic “The Day the Earth Stood Still,” this modern-day version should stay true to the original movie. Keanu Reeves is an alien who has the fate of Earth in his hands, and he wields a weapon with a warning. At his judgment, the Earth could be destroyed to protect the well-being of the universe...if humans don’t change their destructive ways. With amazing special effects, this film promises to be a jaw-dropper.

Yes Man (Dec. 12)

Carl (Jim Carrey) always says “no.” One day he goes to a seminar about “yes.” He starts to consent to everything and learns that there’s a lot of fun and power in just three letters. From becoming an airplane pilot to learning Korean, Carrey gives a comedic performance as he gets into hilarious mishaps. Thank goodness, Carrey is back doing comedy.

Bedtime Stories (Dec. 26)

What? Adam Sandler is doing a Disney movie? That’s right “Bedtime Stories” is about an uncle who tells his niece and nephew bedtime stories and the next day parts of it start to become true. It’s a great film to see with the family after that Christmas rush.

Christmas shopping made easy

Students are able to sell their pieces and receive 75 percent of their sales with the remaining proceeds going to the WCC Ceramics Club.

“Always, there are high-quality ceramics at bargain prices,” said Nash.

Holiday art sale

Gallery ‘Iolani will be selling a variety of arts and crafts at this year’s fundraiser, “A Christmas Fantasy 2008.”

Previous sale items have included prints, paintings, photographs, handmade jewelry, greeting cards, wood carvings, ornaments, etched glass, silk scarves and more. All items are of high quality and handmade by WCC students, faculty, staff and their families.

The fundraiser will be held Nov. 29-30 and Dec. 4-7 from 10 a.m. to 5 p.m. For more information, contact Audrey Chang at 235-1218 or email audrichang@yahoo.com, or Mary Stock at 262-9433 or email stockm001@hawaii.rr.com.

Film feast for the holiday season

Madagascar: Escape 2 Africa (Nov. 7)

If you enjoyed the antics and mishaps of four zoo animals in “Madagascar,” then you’ll enjoy this sequel. It’s a hilarious film for families who want to spend a little more time together during the holidays. Starring Ben Stiller, Chris Rock, Jada Pinkett Smith and David Schwimmer, the four animal friends try to fly back to New York City with the help of some penguins.

Soul Men (Nov. 7)

Fans will miss the very funny Bernie Mac, but before he left this world he had one last movie to give: “Soul Men.” Bernie Mac and Samuel L. Jackson star as two former big-name entertainers who have faded from the limelight. After getting a call from a production agency to bring back the band, Mac and Jackson go on a quest to restore their glory. While trying to “make it” once again, they also have to work out their personal issues with each other. This comedy is sure to bring smiles to everyone around him.

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ASUH ‘treats’ students to Halloween fun

by Kaiser NonaLeS
Ka ‘Ohana Staff Reporter

Pumpkins were seen flying out of ‘Alakai building the day before Halloween. One pumpkin rolled down the hill, appearing to be possessed and ended up next to a car below ‘Alakai.

The goal was to break the pumpkin into as many pieces as possible by hurling it into the air with a sheet.

This was one of the many games of the Halloween event put on by the ASUH.

The event had candy and ice cream, but in order to get these treats you had to walk through a dark “haunted” room with flashing lights and eerie music.

The room was filled with living ghosts, ghoulish sounds and random shrieks, which created the atmosphere of a haunted house.

“I felt nervous walking in; I had no idea what to expect,” said Brian Wyland, a WCC student.

Some students also were willing to dress up for the costume contest.

The categories included most creative and the classic scariest costume, just to name a few.

There was also a pumpkin carving contest, in which students had two minutes to plan and only five minutes to carve their creation.

All in all, it was a good kick off party for the heavily anticipated Halloween weekend.
Surfers giving back around the world

by Kaiser Nonailes
Ka ‘Ohana Staff Reporter

ost people see surfers as having laid-back attitudes, not thinking of anything except surfing the perfect wave. And when they’re not surfing, people think they’re partying it up at some beach house.

But that stereotype doesn’t apply to Surfing The Nations (STN), a non-profit humanitarian organization of surfers who help communities in Hawai‘i, as well as other countries such as Indonesia, Sri Lanka, Bangladesh and China, just to name a few.

While there, the group finds ways to meet the needs of the community they’re living in during the time they are there.

STN is an organization based in Hawai‘i and founded by Tom Bauer.

When they’re not off in other countries, the group reaches out to the local communities. STN has programs for both the homeless and youth.

Feeding the Hungry is a program that started in 1998. STN distributes food three to four times a week, donated by the Hawaii Foodbank. The Youth At Risk program reaches out to the youth through many various activities and by simply hanging out and mentoring them once a week.

STN also offers a three-month internship that gets you involved in both Feeding The Hungry and Youth At Risk, but also their beach outreach in Waikīkī. They also have a workshop to teach them to the homeless once a week.

The internship encourages you to use your passion to get creative, though surfing, skating, video production, photography, design and any other platform of communication to promote STN.

Their main focus is to reach out to communities both locally and in other countries in any way possible. Some examples are teaching kids how to surf and swim, distribute clothes, meeting medical needs, and even organizing surf and skate competitions.

This creates an incentive for other surfers to experience the concept of “Surfers Giving Back.”

“Surfers Giving Back” is what they stand for and stress to promote this attitude both within the organization and to others. They meet around the world, especially with the community they’re reaching out to.

Almost anyone can apply to go. This includes not only local surfers, but also people from around the world.

The trips are about a month long, but if you plan on going, don’t expect to be living in luxury.

The countries they go to are developing countries, which means all the simple necessities will not be accessible, such as hot showers, drinkable tap water, toilet paper and the biggest one for some people, fast food.

“This generation of surfers will go,” says Bauer.

It’s every surfer’s dream to travel to an exotic country and surf. If you would like to get involved with STN, you can contact them by going to www.surfingthenations.com or you can call their office at (808) 838-SURF (7873).

Gaining life experiences through the Peace Corps

by Mari Felteira
Ka ‘Ohana Co-Editor in Chief

I f you’re wondering what to do after college and want to travel the world or learn a foreign language, you might consider becoming a Peace Corps volunteer.

Established in 1961 by President John Kennedy, the Peace Corps has worked to promote understanding between countries and address global needs.

Today, there are more than 8,000 volunteers, serving in 74 countries.

According to the Peace Corps Web site, “Before establishing a program, the Peace Corps makes a thorough assessment of the health and safety conditions in the country.”

A medical unit is also provided in every country volunteers serve in.

However, due to volunteers serving worldwide, sometimes in remote areas, health and safety risks are an inherent part of service.

“The Peace Corps devotes significant resources to providing volunteers with the training, support and information they need to stay healthy and safe,” according to the Peace Corps Web site.

Aside from the risks, benefits include vacation time, pay and living expenses, deferment of student loans and medical and dental insurance. Upon the completion of service, volunteers also receive $6,000.

Many Peace Corps volunteers are college graduates with various degrees such as English, biology, political science, business, engineering and computer science.

There are also opportunities available for those with community college degrees and work experience.

“Peace Corps volunteers work in education, youth outreach and community development, business development, agriculture and environment, health and HIV/AIDS and information technology,” says the Peace Corps site.

Within these areas, volunteers have different responsibilities and duties, so everyone has a unique experience.

For example, University Partners coordinator Jayne Bopp and agriculture professor David Ringuette had extremely different experiences when they volunteered for the Peace Corps.

Bopp was sent to Mauritania in Northwest Africa from 1987 to 1988. She was placed in a rural village, where she helped with the community’s health problems.

Her main responsibilities included conducting prenatal exams, giving vaccinations, educating women about how to prevent diarrhea in their children and helping to deliver six babies.

When asked about the difficulties she faced there, Bopp said, “I experienced a major culture shock and got lonely. I witnessed children dying and some extreme poverty, so that was really difficult to experience.

“The good part, though, was experiencing their nomadic culture and their aloha.

“They’re so generous even if they’re poor,” she said.

Bopp gave an example of how the people offered food to complete strangers who knocked at their door, even when they had only made enough for their family.

The Peace Corps had a major impact on Bopp, even after she arrived back in the United States. She received her master’s degree in public health and had her baby delivered naturally at home with a midwife.

Ringuette, on the other hand, was sent to Morocco in 1980 to 1982.

While there, his duties focused on aquaculture. Specifically, he was the breeder of the fish they used in the fishponds they built. He also had to talk to farmers about raising fish.

One challenge that Ringuette faced was the drought Africa experienced while he was there.

“It was very difficult for me to talk to poorer farmers about using their water allocation for fish because water was so scarce,” he said.

He was fortunate enough to not have experienced anything traumatic during his two years there and received a decent stipend that afforded him a comfortable living.

Bopp and Ringuette said that communicating with others was important, as well as building relationships by helping out whenever they could and respecting their country’s cultural practices.

“It was a great experience, even though the realization of making a difference is on a very small, personal level,” said Ringuette. “It changed my life and gave me a greater appreciation for other cultures.”

Almost everyone wants to travel, so to get involved with the Peace Corps, you can fill out an application online or talk to a representative during any of the recruitment events that WCC holds on campus.

For more details, contact Rosemary Casey at 956-3101 or go to www.peacecorps.gov.
Have you experienced racial prejudice in Hawai‘i?
How can we improve the situation?

Personally, I have not experienced any racial prejudice, but I have witnessed it. (But) I believe that in Hawai‘i we are more accepting of others and their cultures.

Improving the situation is tricky because racism is something that is instilled in you. So to improve we need to teach the young to love and respect and show the old that there is no need for racism.

–Janna Hirasaki

I never really came across racial prejudice in Hawai‘i. Not even in school because most of the kids were Polynesian like me. On the mainland, I experienced something not because I had brown skin.

–Anonymous

There have been a few situations where I attended Filipino functions with my relatives and I got dirty glares from darker-skinned Filipinos around my age because I’m only half Filipino and very light-skinned.

–Anonymous

To them, I was not considered Filipino. But I have received opposite reactions, especially around my grand- ma’s friends who think my light skin is pretty.

–Jennifer Ragunton

I have been called a haole. It is justifiable to me because after all, white people did steal the land.

Even though I was born and raised here and have great appreciation and respect for the land, I can recall getting chased around because I’m haole.

My personal way to try to change the hate... is to be nice. When I’m riding my bike around at night and there’s that big moko who yells “Sup, haole!” I just throw him a shaka and smile.

–Andrew Wilson

My family and I were at the airport a year after the September 11 attacks and my dad was asked to go on the side. We waited for two hours for them to search my dad thoroughly.

They asked him what race he was and he said, “Hawaiian and Chinese.” They said, “Oh, sorry man, thought you were one of those terrorists.”

–Anonymous

Locals here have called me a haole and said that I don’t deserve to be here, but at the same time, I understand where they are coming from; America did take Hawai‘i.

The only thing I can think of to help the situation is to limit the number of outsiders. I’ve seen a lot of tourists have an attitude that they are better than everyone else, and that’s when I don’t think the word “haole” is a problem. I simply believe it’s all about respect.

–Evan Kerr

Being local and growing up here in my whole life, I’ve gotten into a lot of conflicts with other locals on the island.

I am strongly against calling people with fair or white skin haoles, whereas others think it’s ok. I’ve gotten into the kind of conflicts that don’t really solve anything except who gets “all nuts” first.

It’s sad to see people treat other people like dirt just because of their skin color. My suggestion to improve the situation is to not let it bring you down. You’re worth more than you can dream.

–Isaac Ligsay

Although I am originally from the Middle East, 23 years of my life have been well spent here in the islands.

There is something profound about the Hawaiian culture that is wholesome and inclusive of the good of others. With a few exceptions, I do not feel I have ever been discriminated against.

One of those exceptions was a coworker who was angry with me over a professional misunderstanding. I can only hope he was testing my loyalty when he emailed me and accused me of being a member of an underground Middle Eastern terrorist cell.

Then I realized how easily good people could become evil when hate takes over.

–Marty Nikou, faculty

I haven’t had any situation regarding this particular issue in Hawai‘i. However, I did in California, which seemed very unusual for a state so diversified in people of different races and religions.

–Amir Lepenova

There has been plenty of racial prejudice that I have seen in Hawai‘i, mostly between Hawaiians and non-Hawaiians.

I went to Kamehameha Schools where there were lots of cases where the white kids were picked on. I was called names like Britney Spears or Barbie. It was embarrassing. We need to continue promoting equality. What matters is what you think of yourself, not what others think about you.

–Rachel Na’alani

To be honest, I’ve only lived in Hawai‘i for a little over three months and so far I haven’t had racial problems. I think it might be because I look local. I really don’t know how to fix racism because people are going to say and do what they want.

–Anonymous

I haven’t really experienced any racial prejudice. I guess growing up in Hawai‘i is very different than anywhere else. We grew up teasing everybody and anybody. If you have something bad to say, don’t say it at all.

–Jarren Soong

A big thing for people in Hawai‘i is they want to be identified as “local.” I was for liking certain foods like macaroni and cheese!

–Anonymous

A good friend of mine in high school was tormented all her life for being a haole. I’ve even come across teachers in high school that were racist.

My history teacher treated me poorly for being white—until I made a statement backing up Hawaiians.

–Jessica Perry

I went to Ala Wai Elementary, Kailua Intermediate and Kailua High in the ’70s and ’80s. Every year we had “kill days” on Dec. 7 and on the last day of school for certain ethnic groups.

Now my child is in public school and has had no experience with either of these “kill” days. It appears that lawsuits, education and prevention programs have had a positive effect on this issue.

–Jayne Bopp, University Partners coordinator

On-Site Admissions

December 2
11am - 2pm
Hale‘Akoakoa 201

For more info, contact
Hawai‘i Pacific University
(808) 544-0249 • admissions@hpu.edu
or see your WCC Advisor
**Spring Classes**

This course is offered only in the spring semester and is dependent on the number of students declaring their major in plant biotechnology. It will be taught by Ingelia White.

**ENG 204A: Introduction to Creative Writing (WI)**
Pre-reqs: Eng 100. Grade “C” or better.
TR 12:30 - 2:45 p.m.
This course introduces students to the basic practices and principles of writing and publishing short stories and novels. Among other things, students will learn to develop their imaginations to view the world with an eye for detail and an ear for dialogue. This writing-intensive course is being offered for the second time and will be taught by award-winning novelist and WCC professor Robert Barclay.

**ICS 107: Web Site Development**
Pre-reqs: Basic computer skills.
TR 3 - 4:45 p.m.
This course presents concepts for creating Web sites from design through publishing. Hands-on assignments will include working with graphics and other multimedia elements and developing professional Web pages. Web pages will be designed for marketing products, providing news, showing information and sharing opinions.

Design, usability, accessibility, HTML (web markup language) and integrating other elements will be demonstrated and emphasized. If you are interested in getting your Web Support Certificate, this is one of three required courses. Offered only in the spring semester, it will be taught by Jonathan Marquardt.

**ICS 115: Microcomputor Applications**
Pre-reqs: ICS 101.
TR 9:45 - 11:00 a.m.
This course develops greater proficiency in creating and modifying word documents, spreadsheets, database queries, reports, forms and presentation software. Broadens knowledge of the above packages by integrating the applications with one another and utilizing Internet technologies with each. Web technologies will include creating blogs, Web pages and podcasts.

If you are interested in getting your Applied Business Information Technology Certificate, this is one of the three required courses. This is the first time this course is being offered and is only offered in the spring semester. It will be taught by Peggy Regentine.

**ICS 121V: Introduction to Audio & Video Editing**
Pre-reqs: Basic computer skills.
TR 12:30 - 2:45 p.m.
This course is a hands-on introductory computer class covering digital audio and video editing. This introduction to digital software includes principles of recording, editing and publishing to the Internet. It covers basic editing functions, customizing settings, capturing video and audio, trimming techniques and final output. This is the second time this course has been offered and is only offered in the spring semester. It will be taught by Jonathan Marquardt.

**MUS 166: Popular Music in America**
Pre-req: None (Besides a love for any kind of music).
TR 11:15 a.m. - 12:30 p.m.
This course traces the development of popular music in the United States from the African American, blues and early jazz to hip-hop in the early 21st century. Computer access and an MP3 player of any sort are a plus in this course. This is the first time this course is being offered and will be taught by Gloria Falstrom.

**PHYS 170: General Physics I**
Pre-reqs: Math 205, or equivalent.
MW 3 - 4:45 p.m. (Lab F 3 - 5:45 p.m.).
This is a calculus-based first-semester course in introductory physics. The primary emphasis will be in mechanics, which will include studies on kinematics, the dynamics of particle systems, rotational motion, fluid dynamics and thermodynamics. This is a 4-credit class and is a very intensive course. It is a pre-req for many four-year degree degrees that UH offers. This is the first time this course is being offered and will be taught by Jake Hudson.

**REL 207: Understanding Buddhism (WI)**
Pre-reqs: Eng 100.
TR 9:30 - 11:00 a.m.
This course will study Buddhism as it is practiced around the world, with a special focus on the Dalai Lama. This is the second time the course has been offered and will be taught by Sarah Hadmack.

**American Culture and Society**
This course is for students who have completed the major or minor in American culture and society.
TR 9:30 - 11:00 a.m.
This course is an introduction to the study of American culture and society, focusing on the historical, social, economic, and political forces that have shaped American society. It covers a wide range of topics, including the role of race, gender, class, and ethnicity in shaping American society.

**SP 231: Performance of Literature (WI)**
Pre-reqs: ICS 100 or SP 151.
TR 11:15 a.m. - 12:30 p.m.
This course provides a different way to study literature – through performance! It will develop skills in the oral interpretation of prose, poetry and drama.

Students will analyze and orally interpret literature, perform four presentations in class and a group performance that will be open to the campus.

For those interested in drama and theatre, this will also provide greater control of vocal performance. This is an infrequently offered class and will be taught by Alan Raigais.