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# Commencement 2011

by **Darriel Miller**  
*Ka 'Ohana Staff Reporter*

Two women from the graduating class of 2011 will share their experiences and appreciation for Windward Community College as this year's commencement speakers.

They are Leah Koepfel, a young performing artist and student government secretary, and Fay Kauanoe, a mother of five and financial planner.

"I love Windward," said Koepfel, who rides the bus from town and back—a two-hour ride each way with a transfer. "The campus is friendly and has good energy. The teachers can give you more help, and the smaller student population makes it easier to get the services you need."

Koepfel was also sold on WCC's new theatre. She loves the performing arts and has been in three of the student productions: "Velveteen Rabbit," "My Name is Rumpelstiltskin" and "Our Amazing Adventure." She has also appeared in WCC student showcases.

She plans to transfer to the University of Hawai'i-Mānoa to continue her major in theatre and possible minor in sociology. "Leaving WCC, I feel more prepared for university life than I was when I left high school," Koepfel explained.

"If you're gonna be here, then be here. Don't waste your experience, time and money

(not being involved)," she said. Koepfel mentioned that she has met many hard-working individuals at WCC, and now all preconceptions she had about community colleges have been dispelled.

Fay Kauanoe is a recent breast cancer survivor and former stay-at-home mom of 20 years. She is currently a full-time financial planner and part-time business major at UH-West O'ahu.

She also enjoys actively volunteering for various events through the American Heart Association, Domestic Violence Action Center and many more fundraising activities.

Kauanoe has attended WCC but also has history at KCC and UH Mānoa campuses. Her twin daughters were also Windward students.

She said she has really enjoyed the opportunity to guide her children through the college experience and give them tips about teachers and classes at UH campuses.

"I always tell my kids, if anyone fails at WCC, it's their own fault because they do everything possible to help everyone succeed," says Kauanoe. "I am a firm believer that WCC is a jewel in Kane'ohe."

She advises present and future students, "Don't give up! Keep going, one foot in front of the other, and never be afraid to speak up if you don't know something."



(left) Fay Kauanoe with her two daughters, both of whom attended WCC, at a recent Adult Learners Open House.

(below) Leah Koepfel, secretary of the student senate, outside the ASUH-WCC office in Hale 'Akoakoa.

KA 'OHANA STAFF



KA 'OHANA STAFF

**IT'S TIME TO CELEBRATE**

On Saturday, May 14, WCC will honor its graduating students at a commencement ceremony at 1 p.m. in Palikū Theatre.

Tickets are required for admission and seating is limited. However, viewing by closed circuit television will be available in a nearby classroom.

A light pupu reception, will follow, hosted by the ASUH-WCC student senate in Palanakila courtyard.

Graduates are encouraged to attend the commencement rehearsal at Palikū Theatre/ Palanakila 225 on Friday, May 13, from 2 to 4 p.m. so they will know what to expect.

## New cafeteria service comes to WCC

by **Nanea Maxey**  
*Ka 'Ohana Staff Reporter*

On Friday, May 13 the culinary arts program in WCC's cafeteria, Kafe Ko'olau, will be closing. In its place will be a catering company known as Creations in Catering, which will be the campus's new food service provider.

The new service plans to open at WCC on Monday, May 23, for breakfast and lunch with tentative hours of 7 a.m. to 3 p.m.

"Hopefully, we can bring some new concepts, new ideas and new options to not only the campus but also to the community by utilizing WCC's great facilities," says



OWEN AND OWEN

**Mike Rabe of Creations in Catering.**

Mike Rabe, owner of Creations in Catering.

Along with providing meals in the cafeteria, Cre-

ations in Catering will also be holding catered events on campus.

"The events will take place mostly on the weekends and in the evenings outside of campus hours so that they don't interfere with school," explains Rabe. These functions will help to offset the costs in the cafeteria, allowing for affordable meals.

Rabe says that the current problem with the cafeteria is that usage is relatively low compared to the cost of operating it. As a result, enough money isn't being made to sustain it, which is why the culinary arts program is being shut down.

"The whole paradigm is to

try and get the outside community to support the internal campus needs, and that's why we're doing catering. When we cater to the outside community, the money generated helps us keep things affordable," he explains.

Along with new cost-efficient ideas, Creations in Catering is also open to student and faculty suggestions.

"We'll take (student and faculty) suggestions and implement as best we can," says Rabe. "(We) are approaching our endeavor here like a catering job – catering to the needs of the clientele – the students, (faculty, staff), and the general community."

**SEE CAFETERIA PAGE 11**



# Not in recession but still in the woods

by **Patrick Ambler**  
*Ka 'Ohana Staff Reporter*

From the financial crash of Aloha Airlines and the Lehman Brothers bankruptcy to the constantly rising price of oil and a decline in tourism, many Hawai'i residents share a grim outlook on where our economy stands and where it's headed.

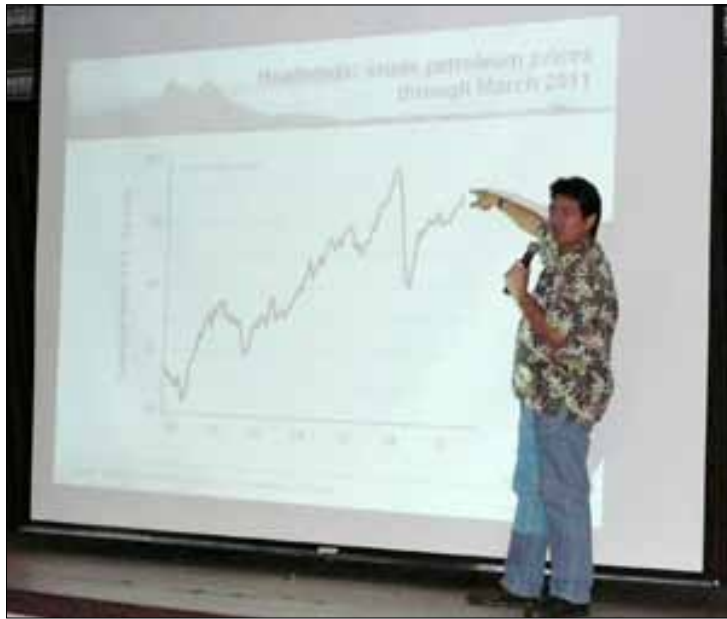
"Gas prices are high in Hawai'i and wages are low," said Michael Scott, local business owner. "It [fiscal mismanagement] makes it hard for me to have faith in the future of our economy, especially when their solution is to just tax everything that moves."

Some students are worried about their futures and job availability.

"I attended a bio-plant technology conference recently and was surprised to see that only four or five of the presenters were representing American companies," said WCC student Kawai Pali. "I'd probably be willing to go to another country to work if I have to."

Right now, though, Hawai'i's focus is on tourism, which makes up a quarter of our state's economy.

However, information released by the Department of



KA 'OHANA STAFF

**Economist and WCC lecturer Paul Brewbaker explains petroleum prices.**

Business, Economic Development and Tourism, shows things aren't as bad as they may seem.

For the U.S. economy, better-than-expected economic data in recent months have resulted in more optimistic projections in the "consensus forecast" used to guide the DBEDT forecast.

According to the February 2011 Blue Chip Economic Consensus Forecasts, U.S. real GDP is expected to increase by 3.2 percent in 2011 as a whole, higher than the 2.5 percent growth projected in the No-

vember 2010 forecast. For 2012 the consensus forecast expects an overall 3.3 percent growth in U.S. real GDP.

Gross domestic product (GDP) refers to the market value of all final goods and services produced within a country in a given period. Most importantly, it is used to determine if the U.S. economy is growing more quickly or more slowly than the quarter before, or the same quarter the year before.

Forecasts for Japan were also more optimistic in the February 2011 BCEC Forecasts.

Real GDP growth for Japan was expected to increase 1.5 percent in 2011, followed by a slightly higher 1.8 percent growth rate in 2012.

However, Japan's economy will slow significantly this year after the March 11 earthquake and tsunami, according to the latest forecast from the Organization for Economic Cooperation and Development.

The OECD says the Tokyo government will need to cut spending from other programs to rebuild the country's battered northeast coast and to ensure faster growth next year. GDP will expand 0.8 percent this year, the OECD said, down sharply from the 1.5 percent growth previously forecast.

The impact on tourism to Hawai'i was immediate. Tourism from Japan went down 14 percent from March of last year.

In testimony given by Paul Brewbaker, chair of Hawai'i's Council on Revenues (HCR), before a joint legislative briefing on Jan. 3, 2011, Brewbaker said some HCR council members cautioned that the performance of Hawai'i's economy since the 1970s has been punctuated by external shocks such as wars, natural disasters and political events.

"The point is, some things materially affect us and some are just information events," said Brewbaker at a Kaneohe Business Group meeting last month. "It [the Japan crisis] will affect us more if the decline of tourism from Japan extends into the summer."

House Finance Committee Chair Marcus R. Oshiro said in news reports, "We are heavily dependent on Japanese visitors. There is no doubt in my mind that at least in the short term, we are going to be severely impacted by the earthquake and tsunami. It may be anywhere from \$15 to \$20 million in state revenues lost just from that tourist market."

According to Japan's Prime Minister Naoto Kan, "In the 65 years after the end of World War II, this is the toughest and the most difficult crisis for Japan."

However, the losses to Hawai'i's economy due to decreased tourism may not be as bad as originally projected. The loss of Japanese tourists to Hawai'i is now at 27 percent, instead of the original forecast issued a few days after the disaster of 40 percent.

It is likely that Hawai'i will see moderate economic growth

**SEE ECONOMICS PAGE 9**

# Homeless and motivated to help improve lives

by **Logan Kealoha**  
*Ka 'Ohana Staff Reporter*

For David Cannell, homeless since 2005, WCC's library is a refuge. Every morning he catches the bus to the Windward side from the Next Step shelter in Kaka'ako.

Next Step is a huge warehouse with food, showers and cubicles for each family to sleep in at night. The rules are simple, Cannell says: "Out of the shelter by 8:30 a.m. and back by 10 p.m. If not, you end up sleeping outside for the night."

Cannell travels to WCC partly because his son Jonathan, 23, is a student here. Jonathan lives on the streets of Kailua with his mother, Cannell's wife of 27 years.

According to Cannell, it's hard for his wife to live in a shelter because of the strict rules. "She likes her freedom," he says, although she is constantly in and out of jail, mental institutions and struggles with alcohol.

Cannell says that it wasn't until they became homeless that his wife started drinking. "I've seen many people where



LOGAN KEALOHA

**David Cannell researches solutions to address the homeless issue.**

their life was perfect, and when they became homeless, they started to stress out, so then alcohol becomes the way to drown their pain," he explains.

For 26 years, Cannell worked as a supervisor at Continental Paper Hawaii. Through his job, he was able to support his family and pay \$800 monthly rent for their Kailua home. However, due to the downturn in the economy, Cannell lost his job.

After Cannell's landlord remodeled his triplex property, Cannell says that he and his

family weren't invited back by his landlord to continue renting even though Cannell continued to pay his rent for the year he wasn't working.

"It was a total shock to find the eviction notice," says Cannell. He and his wife applied at 40 other rentals and were ready to pay up to \$1,000 out of their \$1,800 monthly income, but only faced rejection.

Although Cannell hopes to one day own his own home so that he and his family can live together again, he knows the reality of life. In Hawai'i,

he says, 10,000 people are on the waiting list for low-income housing, and only about 600 units become available each year.

Now that Cannell has diabetes and struggles to walk, he gets around in a wheelchair. Currently, he's supported through disability checks from the federal government. But he remains determined to do what he can about the situation he and others face each day.

"I have a passion for wanting to help solve the homeless problem in Hawai'i," says Cannell. He spends his days in the WCC library researching information on homelessness in Hawai'i and monitoring bills

discussed at the legislature.

"Windward's library staff is very helpful in letting me use the computer through my son's account," Cannell says. He is allowed to use the computers after 2 p.m. when students are less likely to be in the library. When he needs to print, he adds money to his son's library account.

"Figured I'd do something useful with the time I have left here on Earth to help others," says Cannell. In his spare time, he likes to talk to other people facing the same challenges of being homeless.

He adds, "Journalism is important because it's a way

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# Serving students everywhere he goes

by Akela Newman  
*Ka 'Ohana Editor in Chief*

“Change is really important. We cannot grow unless we have change, and we cannot get very far in life if we do not grow,” said Vice Chancellor Lui Hokoana about his pending appointment to become associate vice president of student affairs for the UH 10-campus system.

Hokoana does not officially have the position yet but will find out after the Board of Regents meeting May 19, saying he is “pretty hopeful” he will get the job.

“I really love this place (WCC), and enjoy my job and the impact that we have had,” Hokoana said, “but I’m looking forward to the future.”

As associate vice president of student affairs, Hokoana would help oversee student affairs on all UH campuses. He said the hardest part about this new job is that it will be more administrative and he will have much less contact with students.

However, he will be taking the ideas that have benefited WCC and find ways for them to work for the other campuses in the UH system.

Hokoana will perpetuate, on a higher level, the same mindset that he first brought to WCC. “It gives me the opportunity to view the situation systemwide and try to coordinate over 10 campuses the ideas that we have successfully incorporated at WCC.”

WCC Chancellor Doug Dykstra said of Hokoana, “He has overseen the greatest enrollment increases in the history of WCC. Lui is a charming individual who has used charisma, creativity and currency of his knowledge base to help WCC make enormous strides in enrollment, financial aid distribution, persistence, success rates and graduation numbers.”

Hokoana said his proudest accomplishment at WCC was “developing a good partnership between student services and academics. Student support and unification in our academics produces a much higher rate of student success.”

“I enjoyed my job at WCC,” Hokoana said. “It’s a special place — small enough that we can still care about people easily.” He explained that this allows you to build closer relationships, which will make your community stronger. Strong communities coupled

with strong families will produce good students.

Hokoana has been with WCC since Fall 2006. Before coming to WCC, he was a counselor at Maui Community College for 15 years. He was not even thinking about pursuing a position at WCC but was planning on going back to school at the University of Southern California.

Those plans were put on hold, however, when Hokoana received an unexpected offer. “I am very grateful to Angela Meixell (chancellor at the time he was hired) who took a chance on me,” he said.

As WCC’s vice chancellor of student affairs, Hokoana leads the student service department and oversees all student services such as financial aid, admissions and records, counseling services, publications, student government, school clubs, Ka Piko, TRiO and more.

“My job is basically to bring resources to my employees so we can all do a good job serving students,” he said.

Hokoana has been a major contributor and instigator for programs such as the First Year Experience, which helps incoming freshmen adapt more



KA 'OHANA STAFF

Vice Chancellor Lui Hokoana speaks fondly of his years at Windward.

readily to college life, Ka Piko Learning Center, the Career Center and Writing Lab.

He has also been influential in gathering grants for WCC such as the Title III grants.

Despite working full-time at WCC, Hokoana was able to

earn his doctoral degree online during the weekends.

“I believe in being an example to my students. If I am encouraging them to seek higher education and stimulate their growth, then I should lead by example,” he said.

# New Library Learning Commons taking shape

by Justin Lau  
*Ka 'Ohana Writer*

WCC’s brand new library, which is actually going to be called the Library Learning Commons, has been making steady progress these past few months.

The building’s basic structure is taking shape, and people are starting to get excited as the bare concrete walls, steel beams and roof form the skeleton of an impressive infrastructure.

“I’m excited to see what the new building will look like and see the new things it can offer,” said student Patricia Norman.

“I think it’s going to be a place where students will want to be and will have people spending more time at school than they did before.”

The three-story facility will house everything in the current library as well as a brand new Hawaiian collection room, which has been very cramped for space. It will also house the brand new Media Center and testing and learning center.

In addition, it will include new classrooms, offices, and conference rooms. It will even have a coffee shop for students



BODIE COLLINS

UH President M.R.C. Greenwood (center) with architects, contractors and WCC staff and administrators.

who may need to re-energize after a late night of studying.

“The goal was to have everything together under one roof,” said Nancy Heu, WCC’s head librarian. According to Heu, the new library is going to be a place for students to get their work done or just relax and pass the time.

After proposals from three different firms, Architects Hawaii was chosen to design the new building, with a \$41.6 million budget appropriated

by the state legislature in spring of 2007.

A major aspect of designing the new building was its focus on “going green.” Having the building be a LEED (Leadership in Energy and Environmental Design) certified building was a major goal.

The LEED program is a nationwide rating system to promote design and construction practices that reduce negative environmental impacts and improve occupant health and

well-being.

Requirements include areas such as energy efficient lighting, solar paneling and use of recycled materials, which all earn the building points.

When the building is complete, the points are totaled and the building is given a certification based on the number of points it receives.

“We are trying for the silver grade with the new library,” said Jeff Hunt, WCC’s director of institutional research.

Going green was a major factor in the new library design, but making it visually attractive and comfortable for students to work in were goals as well. As you walk in, to the right will be the service desk, with computing space on the rest of the open floor.

According to librarian Tara Severns, this layout is very popular among college libraries.

The new building is projected to be finished by February 2012. “We’re expecting to be moved in by next summer,” said Severns, who seems excited about the new features it will provide for students.

According to Hunt, construction on the new building is right on schedule and if everything goes accordingly, it should meet its completion date on time.

Virtual tours, pictures and even a live streaming video of the construction can all be found on the WCC library home page.

Also available on the website is a blog about the new library, so feel free to follow what others think about the building or share your own thoughts on the new Library Learning Commons.



# Rain Bird party May 12; come if you dare

by TJ Metcalf

*Ka 'Ohana Staff Reporter*

The spring semester is quickly coming to an end, which for Rain Bird, WCC's literary journal, means the release of their newest issue.

Rain Bird has published one issue per year since 1981. "Every year we start from scratch," said Rain Bird advisor Robert Barclay.

To celebrate Rain Bird's new issue *Ho'opuiwa: A Journey into the Creepy, Freaky and Frightening Realms of Hawai'i*, there will be a launch party on Thursday, May 12 in Hale 'Ākoakoa 105 from 6 to 7:30 pm. The event is free and open to everyone.

The lively festival will include gourmet desserts, prizes, awards, music and dancing, a film and even a costume contest.

The Windward Arts Council again will be presenting Golden Plover awards to WCC students and Writ-

ing Retreat members. These awards "honor memorable writing — writing that communicates, is colorful and exhibits a distinctive style or voice."

There will be three prizes — one each in poetry, artwork and prose. The winner of each category will receive a check of \$50 to \$100.

To complement the issue's theme, there will be a costume contest for anyone attending.

"The costume contest is competitive, and they're looking for the scariest and most creative costumes. Come dressed to kill," Barclay added.

Along with Rain Bird festivities, the WCC Film Club, which Barclay advises, will present its film, "Help Wanted in Hell," based on a short story from last year's Rain Bird issue, *Windward Style*, called "An Interview with a Chin Hair."

For more details about joining Rain Bird, the Film Club or the launch party, email your questions to rainbird@hawaii.edu.



The artwork for Rain Bird's new issue, *Ho'opuiwa: A Journey into the Creepy, Freaky and Frightening Realms of Hawai'i*.

ARTWORK BY KEOLA YOUNG



WCC religion teacher Sarah Hadmark (far left) with her students bound for India.

KA 'OHANA STAFF

## WCC's India endeavors

by Monika McConnell

*Ka 'Ohana Staff Reporter*

This month 10 WCC students will embark on an adventure in learning by becoming a part of a program called the International School for Jain Studies (ISSJS).

ISSJS is a three-week program in India that will run May 26 to June 20, with dates varying slightly from year to year.

The ISSJS program is open nationwide, and it's the fourth year of WCC participation.

"Students will take classes during the morning given by Indian professors, Jain ascetics as well as lay Jains," said Sarah Hadmack, WCC religion instructor.

After classes, participants are free to visit temples, museums, palaces and Internet cafes to correspond with family and friends.

To be accepted into the program, participants had to pass REL 202, Understanding Indian Religions, and REL296, Special Topics in Religion.

Students also had to get a visa and an updated passport as well as visit

a travel doctor to get information on any health concerns in India.

This year at the Palikū Arts Festival REL 296 students held a fundraiser to help with the costs of the program.

"I am also involved in various other fundraisers and abiding by a very strict budget," said WCC student Robin Hansen.

Students are responsible for their own airfare and a \$450 payment for meals, classes, room and board and supplies while in India.

"I think it's a great way to see the culture and landscape all at once," said student Casey Runnells.

"And I'm going to India to find peace within myself," chimed in ISSJS participant Vanessa Rodriguez.

For most of the travelers, this will be their first time in India. However, for a few it is their second participation in the ISSJS program.

As for me, I've been waiting for an opportunity to participate in the program ever since I heard of it in my first religion class a few semesters back. It's like a dream come true and I can't wait to begin.

## A second chance at college

by Celeste Russell

*Ka 'Ohana Staff Reporter*

It's never too late! Never.

That was the message of an Adult Learners Open House last month to help people continue their education and enroll at WCC. There were informational tables and sessions on registration, financial aid, career counseling and a tuition giveaway. WCC also provided dinner and childcare.

Master of ceremonies Gus Cobb-Adams, recruitment specialist and single father of three who is working on his graduate degree, told the crowd that one-third of WCC's student body consists of adult learners (age 25 and older), and the college hopes to increase that number.

Cobb-Adams understands the problems adult learners face. "Life used to be all about changing the world and make it better," he said. "Now it's 'I'm older. I'm grumpy. What I gotta do? Where I gotta go and how much is it gonna cost?'"

Chancellor Doug Dykstra spoke to the crowd to let them know, "Events like this help us get to know what you need to do to go back to school."

Enrollment at WCC is at its highest this semester with 2,660 students. The number of adult learners has grown 53 percent in the last five years. Eleven percent of the school's tuition goes into financial aid and 50 percent of students receive some type of grant, loan or scholarship.

The winner of the tuition giveaway was Tua Manatea, a familiar face to many faculty. Manatea, a former student, volunteers her time making flower arrangements for WCC events.

Another guest of the adult learners workshop and former student was Julita Antone of Waiāhole. When she received her flyer in the mail she was surprised. "I thought the doors were closed for me," she said.

She had left school three years ago to take care of her mother who was diagnosed with cancer. Now she sees that "God opened the doors for me. He gave me the opportunity one more time."

She will be enrolling at WCC in the fall to earn her last credits to achieve her A.A. degree. "I see the future to be so attainable—just so happening!" she said with delight. "I'm back to fulfill my desire."



Steven Chigawa, Gus Cobb-Adams and Carla Rogers congratulate Tua Manatea (second from left) for winning a tuition waiver at the Adult Learners Open House.

BONNIE BEATSON



# Learning in the wild of Hawai'i

by **Jared Hamilton**  
*Ka 'Ohana Staff Reporter*

If you want to learn about the Hawaiian Islands with intrepid WCC professor Floyd McCoy as your guide, then consider taking one of his field geology labs offered fall and spring.

The labs are extended field trips where students explore the islands to learn about their volcanic formation and natural erosion.

Your options are the Field Geology of O'ahu (GG 210); the Big Island (GG 211); Maui (GG 212); Moloka'i, Lāna'i, and Kaho'olawe (GG 213); and Kaua'i and Ni'ihau (GG 214).

The GG labs are scheduled during the March spring break and Thanksgiving break, with airfare and hotel arrangements varying with the islands being studied.

Besides being physically fit enough to participate, students also must complete the prerequisite classroom course of GG 103 or GG 101. If you have not completed one of those prerequisites or are not currently enrolled in them, then you will have to receive consent from Dr. McCoy.

The labs are worth one credit in the natural sciences requirement for the Associate



BILLY BOOMBAATZ SHREVE

**WCC geology lab students (from left) Kalena McElroy, Ashley Murakami, Cindy Sunada and Sarah Bartolome on the rim of Haleakala Crater.**

in Arts degree.

"It's all worth it if you ask me" says Michael Richards, who has taken the lab three times. "Dr. McCoy will take you to some really beautiful spots and explain how they were formed, why they look the way they do now, and what they will look like in the future. It's really awesome."

WCC student Billy Shreve has also attended the last three GG field lab trips and says, "I have already been to all these islands at least once, but I never looked at them the way I did on McCoy's trips. I really learned a lot about Hawai'i's geologic make-up and the native Hawaiians' history."

In addition to the tuition for the one-credit lab, costs can range from \$200 on the

Maui trip (GG 212) to more than \$500 on the Molokai, Lanai, and Kaho'olawe trip (GG 213) because a private plane is chartered for the flight from Kalaupapa to Lanai City, Lanai.

Students need to receive clearance from a physician that says you are physically fit enough to take on the sometimes strenuous fieldwork and hikes that are part of this adventure.

For instance, on the spring trip to Moloka'i and Lanai, students hiked for four hours to get down to Kalaupapa. On the Maui trip, students had to hike for more than six hours through Haleakala Crater in rainy weather and on loose gravel and sand.

All learning aside, Dr.

McCoy admits his trips are a good way to "relax, unwind, and come back refreshed and having made some new friends."

However, he does warn, "Some of the places we go, other people just don't get to go there. So it isn't like there's going to be a handrail or a bench if you need a break. You need to be in shape for these trips. The last thing I want is for a student to get hurt and for a helicopter to have to come get them."

UH Mānoa student Shelly Key says her favorite part on this recent trip was examining tsunami deposits that

were hundreds of feet above sea level and hundreds of feet inland on Moloka'i.

"This means that a massive tsunami came through with enough force to push coral and other debris to levels we have not seen in our recorded history — and it means it can happen again," Key said, describing not just Moloka'i, but any coastal area.

After the field trip, Key is considering further study of the tsunami deposits on Lanai as a possible subject for her thesis.

So here's fair warning: going on these trips may inspire you to change your major.



MICHAEL RICHARDS

**GG 212 Maui field lab students pose in front of 'Iao Needle in 'Iao Valley on Maui during their March 2010 spring break field trip.**

# Keali'i Lopez: an inspiring WCC success story

by **Flora Obayashi**  
*Ka 'Ohana Staff Reporter*

Keali'i Lopez, 45, credits her Windward Community College years as pivotal to her professional success. The newly appointed director of Commerce and Consumer Affairs for the State of Hawai'i has some career tips for those of us still earning a degree or certificate.

In her new position, Lopez oversees a department of 350 employees providing a broad range of oversight over banks, insurance companies and small businesses. They issue 40 professional licenses for accountants, beauticians, cosmetologists, dentists, architects and engineers, real estate agents and contractors.

Because the department is the regulatory arm for the state, it's important to be fair and balanced. *Ho'opono* is the Hawaiian value that guides her. "Never do anything to diminish someone else's sense of self," she explained.

She believes Gov. Neil Abercrombie appointed her to this position because she works well with all kinds of people — perhaps due, in part, to her UH degree in communications.

It's hard to imagine this well-spoken, dynamic executive as someone who started out timid.

"WCC is where I began growing



DCCA

**Keali'i Lopez, Gov. Abercrombie's director of Commerce and Consumer Affairs.**

up and blossoming, where I overcame being painfully shy," said Lopez. "The lesson here is that all the things that get in your way, you can get beyond that, and still be successful."

The Lopez family moved frequently during her elementary school years, starting from Waimānalo to John Rogers Housing and Kukui Gardens, where Keali'i and her twin sister attended Halawa, Nimitz and Ma'ema'e Elementary schools.

When the family settled back in

Waimānalo, she attended Waimānalo Intermediate and Kaiser High School. She believes that all that moving around contributed to her shyness and dislike of school.

Lopez credits her participation in WCC student government as the vehicle that helped her to grow in self-confidence and overcome nervousness in public speaking. As a student leader, she worked hard in coordinating the Ho'olaule'a and other campus events.

"At WCC, I learned to apply myself. The small class sizes were helpful in learning, and the instructors made the courses fun. I liked WCC so much, I stayed for four years!" she said.

Having served eight years as president of 'Ōlelo Community Television, Lopez recalls her student job at the WCC media center and eventually at the UH Mānoa campus as important experiences.

She produced videos for the UH School of Nursing, joined the campus video and film club, and worked hard on the student film festival.

"I was so excited to work with the American Film Institute of the Pacific and Universal Pictures to screen 'The Killing Fields' and meeting Oscar winner Haing Ngor in the starring role."

As a cooperative education student at Oceanic Cable, Keali'i learned she enjoyed television productions and

that eventually led to her 'Ōlelo career, managing 100 employees.

At first, Lopez did not envision an educational goal beyond an A.A. degree in liberal arts, but her extracurricular activities led her to switch her major from chemistry to film.

"It's important to know what you want to do and also know what you enjoy," she advised. "In my case, it was clear I enjoyed television. Even if you think you can't do a particular job and you're not cut out for it, you ought to try."

Recently, Lopez was honored to be one of three finalists interviewed for a position on the Board of Trustees for Kamehameha Schools. She had to break out of her comfort zone and push herself to apply for the position. Eventually, another person was selected after she had accepted the governor's appointment.

"When people see you are willing to make changes and willing to continue to learn, then they will support you," she said. The most important thing is to push yourself and overcome the inner fear and just go for it.

"But do your homework and learn as much as you can about the opportunity or the job requirements. Decide if it's a good fit for your interests and your capabilities. Then go for it, even if you're afraid."



# What's on your 'bucket list' for the summer?

It's time to kick back and kick off your summer - relax and have fun! Ka 'Ohana's staff members are sharing their "bucket lists" of things they want to do in the coming months. Check them out and see whether they give you any new ideas!

Patrick Hascall  
Sail on the high seas! What else is there?



Akela Newman  
\*Study abroad in Egypt  
\*Go skydiving (again).  
\*Become a better surfer.  
\*Make "strangers" cease to exist.  
\*Write a song or two.



Patrick Ambler  
\*Make lots of money this season fishing in Alaska.  
\*Go on my first trip to Las Vegas.  
\*Check out the Valley of Fire in Las Vegas.  
\*Attend Lollapalooza 2011 in Grant Park, Chicago, Illinois.  
\*Finish my first demo of my music and release it.



Bianca Pierce  
\*First, get a motorcycle license, then, hopefully, a motorcycle.  
\*Visit some colleges and get off this island.  
\*Learn how to play poker  
\*Create a blog  
\*Read some classics, watch some classics

Page design by Patrick Hascall



Celeste Russell  
- Swim with the dolphins at sea Life Park  
- Watch the sunrise from atop the stairway to Heaven  
- Take my children to visit their grandparents in Georgia  
- Purchase a new vehicle before starting at UH-west Oahu  
- Take my children to Kakaako Waterfront Park and slide down the grass hills on cardboard boxes (just like my cousins and I did with our grandma when we were young)



Bodie Collins  
- Start my own wedding album business.  
- Drive the Hana Highway.  
- Take an interstate road trip on the mainland.  
- Go skimboarding at Sandy's at least once a week.  
- Challenge my friends at Podium Raceway Hawaii.



TJ Metcalf  
\*Eat at Rainbow Drive-In barrels  
\*Get some south shore  
\*Camp at Malaekahana  
\*Surf Makapu'u after lifeguards leave  
\*Play a round of golf at the Hawaii Kai Par 3 course



Monika McConnell  
- Go to India  
- Go for a ride on an elephant  
- Visit the Taj Mahal  
- Draw a lot  
- Practice playing on the ukulele



Patty Yonehiro  
\*Take a nap every day of the summer



Logan Kealoha  
- Prepare for a new semester at Manoa  
- Work and save money for family's Vegas trip in September  
- Spend time with my son; take him to the beach, zoo, etc.  
- Take a family photo at Olin Mills or Fantastic Shots  
- Help plan my cousin's wedding and baby shower

Darriel Miller  
- Kayak to the Mokes  
- Hike Olomana to third peak  
- Hike the Stairway to Heaven again  
- Camp somewhere I have never camped before  
- Get a new kitten



Jared Hamilton  
\*Swim/ SCUBA with sharks  
\*Skydive  
\*Go to Kauai  
\*Climb some rocks  
\*Party more



Flora Obayashi  
\*Take a computer course  
\*Tour Chicago Fine Arts museum  
\*Inventory life forms in a tidepool  
\*Plan and conduct a Hawaiian art tour at the Honolulu Academy of Art  
\*Produce a Hawaiian songbook for Boy Scouts



Nani Maxey  
\*Grow my own fruit and vegetable garden  
\*Get certified in scuba diving.  
\*Hike at least 20 hikes on Oahu that I haven't done before  
\*Learn how to wind surf/kite surf  
\*SLEEP IN



Chelsea Reid  
- Practice Bikram yoga  
- Go skydiving  
- Hike Olomana  
- Learn how to drive standard  
- Find a "sugar daddy" or win the lottery



Meigan Christopher  
\*Spend more time with Gigi!



# WCC's screenprinting class fills up fast

by **Bodie Collins**  
*Ka 'Ohana Staff Reporter*

WCC's screen printing program, started three years ago, is still going strong. "I have 15 students in a class, and the classes fill up really fast," says Rob Molyneux, WCC's screen printing teacher.

"Screen printing is fun. Your drawing immediately turns into a piece of art on a page or shirt."

Screen printing is the process of first burning an image onto a screen via light sensitive material, then squeezing a specific amount of color ink through the burned image. You can repeat with different screens and colors to create an image.

"All the layers must line up perfectly so that we can see the image and make sense of



BODIE COLLINS

WCC student Kaeleigh Morgan creates an image using screen printing.

it to visually communicate," says Molyneux.

"A simple (example)

would be a stop sign. A stop sign is red because for western people red means stop, warn-

ing, or danger," he explains.

"That sign is pretty much the only thing out there that's an octagon, and the letters on it are such a size that we can see it from two blocks away," Molyneux continues.

"All of that was visually figured out by people to make sure that sign had the ultimate impact. That's visual communication and that's what I teach, but we couch it in the fun of screen printing."

Over the last three years, indications are that the program has been very successful.

"I think screen printing is a perfect fit for Windward because we have such a great traditional art school here," says Molyneux.

"That's why screen printing fits in so well. It's based in drawing and it teaches you composition, art theory

and color. It's a good way for students to fatten up their portfolio."

For some students screen printing has helped them to create their own clothing brand. For others, it's given them direction.

"Rob's screen printing class helped me to discover my major," says WCC student Fernando Santos.

"Before this class I was unsure of my future. The class gave me direction and a medium to funnel my creativity into."

The printing lab is also eco-friendly, so there's no need to worry about fumes or chemicals.

"We print with a water-based, non-toxic ink," says Molyneux. "Everything we do here 100 percent non-toxic. Everything breaks down with sunlight and water."

# For a longer life don't have a cow, be a vegan

by **Chelsea Reid**  
*Ka 'Ohana Staff Reporter*

The latest diet trend to hit the United States gives new meaning to "going green." The vegan diet eliminates all meat and dairy products from your daily intake.

Many vegans do not consume food that is processed using animal products such as white sugars and some wines. They also avoid all animal merchandise such as leather, fur and wool.

The vegan diet consists of grains, beans, vegetables and fruits. This lifestyle is taking over restaurants, clothing lines, clubs, blogs and dating sites.

Veganism is even changing the manufacture of condoms. Several companies are making vegan condoms by removing the dairy protein in latex.

Professor David Snowdon conducted a study of Seventh Day Adventists at Loma Linda University in California, proving that vegans live about 15 years longer than meat eaters. It was done over a 20-year period with 30,000 adult participants.

The China Health Project backs up these findings in the largest population study on diet and health. It was found that Chinese people who eat the least amount of fat and animal products have the lowest risks of cancer, heart attacks and other chronic degenerative diseases.

Tiani Fritz, going on her third year as a vegan says, "My family has a history of heart and high cholesterol prob-



style, you end animal exploitation through eating non-animal related foods.

You don't have to be an animal lover or a People for the Ethical Treatment of Animals (PETA) activist to be a vegan. Advocates say the diet has many other health and social benefits.

Whole Foods cashier Sara Simmons,

comments, "You'll help reduce waste and air pollution, have stronger bones, reduce famine and even have fewer hot flashes. Veggies and grains are believed to balance raging hormones, so women who are vegetarian tend to go through menopause with less fatigue, mood swings and a diminished sex drive."

So why isn't everyone becoming a vegan? There are some health concerns that come from not having certain proteins in your diet. The human body requires the nutrient B12, which is absent from the vegan diet. B12 is key to a healthy nervous system; it assists with synthesis of DNA during cell division. Without it, formation of abnormal cells may occur, which will eventually lead to anemia.

Supplements for vitamin D and iron are vital to the vegan lifestyle. This could potentially be a time-consuming and expensive process. You have to learn how to cook, eat out and to be cautious of labels on packaged products.

lems, so I decided to adapt to a vegan diet because it lessens the chances of having these diseases caused by high fats and pesticides found in meat products."

Everyone seems to be getting on the vegan train, even Oprah. On her Feb. 1 show, she discussed the pros and cons of a vegan lifestyle, while confessing her own struggle with other diet and weight loss systems.

For one week, Oprah and 378 of her Harpo staffers went vegan. At the end of the week, only 300 successfully completed the challenge, but collectively they lost 444 pounds. The two reasons why she launched the Vegan Challenge was to raise awareness of how our food makes us feel and to make a moral argument against the killing of animals.

The Vegan Outreach is an organization that works to expose and end cruelty to animals. Ninety-nine percent of animals killed in the United States each year are slaughtered for human consumption. By participating in the vegan life-

A WCC student comments, "I used to date a vegan and their lifestyle was hard to handle when you love meat."

The vegan boom has most certainly hit our islands. From the Loving Hut located on South King Street to the new Whole Foods addition in Kailua, this seemingly restrictive diet is made convenient. There have been over 101 vegan cookbooks published within the last year.

Kellee Hew, a Kailua resident said, "I want to make healthy food decisions, but it's hard when you're a college student and can't exactly afford all these expensive organic

products."

Not to worry, Kellee. Supermarkets such as Whole Foods or Down to Earth have packaged foods that are microwavable or ready to go that are both tasty and affordable. It has also been proven that replacing meat, chicken and fish with vegetables and fruits will cut food bills by an average of \$4,000 a year.

So the next time you're contemplating your next meal or the best way to keep your milk fresh, just leave it in the cow and load up on tofu. Spice up the veggie burgers and whole grain pasta. As supporters say, "Don't have a cow, be a vegan!"

## Windward Ho'olaule'a

Planning for the 11th annual Windward Ho'olaule'a is already underway for Saturday, Oct. 1 from 9 a.m. to 8 p.m. on the WCC campus.

The Ho'olaule'a is a free community event and one of the biggest on the windward side, with top-name entertainment, island food, crafts, WCC exhibits, and keiki games.

The theme this year is "Mālama I Nā Keiki" (Caring for the Children).

The Kaneohe Business Group and WCC co-sponsor the event for community-building and campus awareness.

Proceeds benefit WCC student scholarships and the campus Advancement Fund as well as other programs and clubs.

For the business group, it's a way to help small businesses

and vendors earn income and reach out to potential customers and clients.

Ho'olaule'a chair Herb Lee said, "We need everyone's help. This is a great tradition that Windward has come to have."

If you'd like to help or know of someone who wants to participate as a vendor, you can contact any of the following people:

- **WCC booths** – Bonnie Beatson, beatson@hawaii.edu
- **Arts and crafts** – Mary Renfer, mar@hawaii.rr.com or Carolyn Nakamura, cnakamur@good-sam.com
- **Food** – Gus Cobb-Adams, gusca@hawaii.edu
- **Silent auction** – Judy Oliveira, judyanno@hawaii.edu
- For all other questions, call Libby Young at 235-7396.



# 'Phantom' at Palikū this fall

by Akela Newman  
Ka 'Ohana Editor in Chief

This fall, Sept. 9 - Oct. 2, Palikū Theatre will host yet another spectacular musical. Andrew Lloyd Webber's "Phantom of the Opera" will be directed by Ron Bright with costumes designed by multiple Po'okela award winner Evette Tanouye Allerdings.

Clarke Bright will conduct the timeless musical score with Lloyd "Sandy" Riford creating the atmosphere through the

sets and lights.

Theater manager Tom Holowach said, "I think the community has learned the level of Palikū's productions under Ron Bright's direction.

"When we did the opera 'Miss Saigon' several years ago, it was an event that the community couldn't miss. We ran out of tickets and days to extend, and I think that's how it will be with 'The Phantom of the Opera' this fall."

The musical, based on the 1909 French novel "Le Fantome

de l'Opera" by Gaston Leroux, follows the life of the young and beautiful soprano protégé Christine, who becomes the obsession of a mysterious, feared and disfigured musical genius.

"Phantom of the Opera" holds the title of longest-running musical in Broadway history. It has not run in Hawai'i since 1993.

Vocal auditions for "Phantom" will be held June 27 and 28 and dance auditions on the 29. They will be held at Palikū Theatre at 6:30 p.m. with call-

backs later that week.

"We're looking for strong singers and dancers for the main roles. Singers need to be operatically trained and dancers need to be able to dance ballet en pointe," said Holowach.

"We want this to be the kind of production that would show at the Blaisdell or tour professionally."

Holowach said they are also looking for more WCC student involvement. Rehearsals will continue all summer. Fall performances will be Friday



and Saturday nights at 7:30 p.m. and Sunday matinees at 2 p.m.

Tickets will be available by phone from the Palikū Theatre Box Office at (808) 235.7310 or online at [www.eTicketHawaii.com](http://www.eTicketHawaii.com).

# Lily Lotus blossoms

by Bianca Pierce  
Ka 'Ohana Staff Reporter

Inspired not by a sport but by a lifestyle, Lily Lotus active wear will be coming to Kailua this July.

You can't miss the bright pink awning that will stand at what was once Wally Amos' Chip and Cookie.

Lily Lotus welcomes you with exciting colors, jewelry, adornments, and accessories to help you find the perfect yoga or comfy, casual day outfit.

"Outer light reflects inner light," says Lily Lotus designer Laurie Momi Chee.

Buddhas, lotuses and chakras are all associated with peace and well-being.

"To put the 'style' into lifestyle and make clothes that inspire and reflect the joy within its wearer" is the mission of Lily Lotus, according to their website [lilylotus.com](http://lilylotus.com)

The boutique provides yoga and active wear brands Be Present, Green Dragon, Tonic Lifestyle, Beyond Yoga, Hardtail, Karmawear, Zobha, Manduka, Jade Yoga, Yogitoes, Tea Forte, SIGG, Envirosax,

Sonja Picard, Mantra Jewelry, Satya, Maya Papaya and more.

Chee finds her own inner happiness by designing products symbolizing joy that the customers can wear close to their hearts.

Instead of a business degree, Chee relied on her own motivation, inspiration and dedication to carry her to her dreams.

"I always knew I wanted to start and run my own business," says Chee, a natural entrepreneur.

Having studied and traveled in Europe, Chee, a local girl, earned a degree in English and art from Santa Clara University in California. After graduating, she came back to Hawai'i and began the practice of yoga. Timing worked in her favor as the market demand for active wear was growing.

Recognizing the appeal of fashionable yoga wear, she merged color with bling using bamboo and organic fabrics, creating an eco-friendly clothing line that can be found in yoga studios, hotel resorts, luxury spas and selected boutiques worldwide.

Like every business, Lily

Lotus underwent trials to get to where it is today. In 2001 Chee started printing shirts using a silkscreen method.

She began selling items from the back of her car and through craft fairs, until she pitched one of her shirts to her first store.

Chee exclaims, "I was so surprised that the store was selling my shirts for \$20! I wasn't expecting that at all."

In 2005, Maya Heacock, Lily Lotus' production manager, joined Team Momi and Momi's mother, Miu, who had been helping Chee along the way. They had been using Chee's one-bedroom apartment as a production area.

Heacock and Miu contribute to more than just the production and maintenance of Lily Lotus.

You can find beautifully handcrafted jewelry made by Heacock, a.k.a. Maya Papaya. Miu's talent with watercolors and paints can be found on magnets, cards, mini canvases and more.

In 2008, Lily Lotus moved into a quaint boutique space in Kaimuki. Just last month, the Kaimuki boutique closed, shift-



COURTESY OF LILY LOTUS

Designer Momi Chee imagining her future Lily Lotus Kailua boutique.

ing the focus to moving into the new Kailua space.

"Kaneohe Ranch, the landowner of the Kailua district retailers, showed their trust by selecting a local business like Lily Lotus," says Chee. "Their greater vision of Kailua provides all business neighbors to work together to ensure a prosperous town."

Because Target created such a controversy, many Kailuans fear that their town is becoming too urbanized.

However, Chee is not intimidated by Target affecting

the business of her local store.

"Yes, Target is a mainland chain, but so was Don Quixote (as a Japanese chain of stores). If you don't support Target coming into Kailua, don't shop there.

"Everyone on the island can place their vote on which stores should stay or go by where they choose to spend their money," says Chee.

She believes Lily Lotus will add to Kailua's promotion for living healthier lifestyles, along with Whole Foods, which will be moving in next door as well.

# Homeless

FROM PAGE 2

people can know the real truth and facts of what is going on in their society."

At least once a week, Cannell goes to the legislature to testify and hear what elected officials are doing to address the homeless problem in the state.

"More people at a hearing motivates the legislature to think this problem is important," he adds.

For now, Cannell says he's hoping there will be more creative solutions for the homeless problem in Hawai'i.

"Being homeless and not

having a real address on your resume or job application really makes homeless people appear to be unemployable," says Cannell.

If this is true, it becomes a stumbling block for homeless people who are trying to afford their own home.

Although Cannell knows affordable housing isn't going to happen anytime soon, he says that it could save the state money in the long run.

"Giving homeless people more affordable housing allows them to get back on their feet and into society," says Cannell.

# Economic forecast

FROM PAGE 2

in fiscal years 2011 and 2012. Much depends on whether, when, and by how much a revival of private investment occurs.

"It would not be unusual for Hawai'i's business cycle to see a sharp rebound in private investment," said Brewbaker.

"Indeed, it would be unusual for such an investment renaissance not to occur."

The U.S. business cycle expansions and contractions data shows we are well out of recession waters. According to a determination made by the Business Cycle Dating Com-

mittee of the National Bureau of Economic Research (NBER), the economic recession ended in June 2009.

The NBER does not define a recession in terms of two consecutive quarters of decline in real GDP.

Rather, a recession is a significant decline in economic activity spread across the economy, lasting more than a few months.

Indicators would include the real GDP, real income, employment, industrial production, and wholesale-retail sales.

Hawai'i is in relatively

good shape compared to the mainland," said Brewbaker.

"If O'ahu were a state, only two states would have better economic performance, and those are North and South Dakota."

Hawai'i's economy is going to see a bumpy two-steps-forward, one-step-back type of progress, but tough decisions will have to be made.

"If your economy isn't growing, your debt isn't going away," said Brewbaker. "There's only one way out of the hole and that's cutting spending and raising taxes."



# The Value of Hawai'i: Ko'olau dreams

by **Flora Obayashi**  
Ka 'Ohana Staff Reporter

“What is the underlying value? How do we reach out to the broader community on O'ahu to value what is important about Ko'olau Loa and Ko'olau Poko?” asked UH professor Davianna Pomaika'i McGregor of a packed room in Hale 'Akoakoa at an April 18 community gathering.

A panel of cultural experts and local historians discussed historical and future land development issues on the windward side. They included Alice Hewett, president and Rocky Kaluhiwa, vice president of the Ko'olau-poko Hawaiian Civic Club; Herb Lee, Jr, founder of the Waikalua Loko Fishpond Preservation Society and chair of the Windward Ho'olaule'a; Dr. McGregor, founder of UH Ethnic Studies and a Hawaiian historian; and John Reppun, executive director of the KEY Project in Waihe'e ahupua'a.

The event was hosted by WCC, Craig Howes and Jon Osorio, the editors of “The Value of Hawai'i: Knowing the Past, Shaping the Future.” Other sponsors included the Hawai'i Council for the Humanities, The Center for Biographical Research, and Ikaika Hussey, publisher of the Hawaii Independent and the moderator.

Alice Hewett, 79, was born and



BONNIE BEATSON

**Value of Hawaii panel members Herb Lee, Jr, Rocky Kaluhiwa, Aunty Alice Hewett, Dr. Davianna Pomaika'i McGregor and John Reppun discuss land development issues.**

raised in He'eia and worked in the family poi shop across from King Intermediate. She said the landowner forced all the families of He'eia to move in order to build Crown Terrace and Ali'i Shores housing developments.

Rocky Kaluhiwa, born and raised in Ha'iku, formed the He'eia Kea Community and Meadowlands Association in 1975 to fight off a proposed nuclear power plant in He'eia. Kaluhiwa also prevailed against a developer's plan to convert He'eia fishpond into another Hawai'i Kai complete with condos, marinas, and restaurants.

John Reppun was born on Moloka'i and raised in Kahalu'u. He described the many natural streams in Kahalu'u before the flood control channels were

built. Today, Waihe'e stream is the only unchanneled stream left, free-flowing and alive with hihiwai, 'opae, and o'opu.

Herb Lee, 57, grew up right across the street from the Waikalua fishpond. He recalls that his grandmother was the last in the family to speak Hawaiian and discouraged her children from picking up the language. Many kūpuna believed the future success of their mo'opuna depended on going to good schools and mastering western ways.

Lee felt that it was imperative to inspire the next generation to connect with the land, to instill a passion for aloha 'aina, malama 'aina. By restoring the Waikalua Loko fishpond from a garbage dump filled with mangrove, Lee's nonprofit corporation developed

a culture based curriculum to expose children at the youngest age to the importance of the 'aina.

Several people shared their mana'o (thoughts and wisdom) about protecting the environment, protecting cultural and subsistence practices, and preserving the resources of the Ko'olau districts. A Keapuka resident expressed her concern that the conservation lands below Ho'omaluhia Botanical Gardens are slated for development. “Conservation lands are to be preserved, not subdivided,” she said.

Bob Nakata of Kahalu'u recounted battling the H-3 freeway construction in the 1970s. Although they lost the battle, the community learned a lot about how to fight the developers and preserve the entire coastline. They were successful in fighting the Waiāhole, Waikāne, and Kalama Valley evictions and stopped people being forced from their homes.

Ben Shafer of Kahana Bay detailed the restoration of the fishponds and lo'i (kalo farms) in Kahana Bay. “Perpetuating the Hawaiian culture and teaching sustainability to the next generation to become totally self-sustaining is a dream that was fought for in the past and must be defended now,” Shafer said.

La'ie realtor Choon James stated that the O'ahu General Plan designated the windward side as the food basket and watershed for O'ahu. The rural character and agriculture of the

**SEE VALUE PAGE 12**

# Youth 2 Youth, Inc. support services empower communities

by **Celeste Russell**  
Ka 'Ohana Staff Reporter

Shannon Kala-Wilsey took her first drink of alcohol at 11 years old. In intermediate school she began smoking marijuana and getting into fights to numb her feelings of fear, anger and resentment.

Her father was an alcoholic and she says she knew, “When dad came home drunk, something was going to happen.”

At age 25 to deal with the stresses of life and sexual abuse as a child she drank on a regular basis.

Introduced to crystal methamphetamine in 1996, she began selling the drug. Eventually she became a user and continued dealing over the next three years until she was charged with drug violations.

The prosecution wanted to make an example of her by running charges consecutively. This could have meant 210 years behind bars.

In 2001, she joined ATS (Adult Treatment Services) a drug treatment program and enrolled at Honolulu Community College (HCC) to get herself back on track. Her efforts did not go unnoticed.

In 2002, the judge presiding over her case reduced her sentence because of numerous letters of support and the evidence of bettering her life and staying clean and sober.

Kala-Wilsey was paroled in 2005, and graduated from HCC with a degree



COURTESY OF Y2Y STAFF

(front row) Y2Y CEO Shannon Kala-Wilsey, outreach coordinator Aaron Kala-Wilsey, program coordinator Ray Mahelona (back row, left) and staff at Y2Y learning center in Waimanalo.

in Human Services. She began working with residents of Hina Mauka, a drug and alcohol treatment facility.

In her efforts to deter others from experiencing life as she knew it, she began to reach out to the homeless and at-risk youths in her neighborhood. Kala-Wilsey would fund activities for the kids from her own pocket. Family and friends would volunteer and Hope Chapel Olomana would donate food.

Out of her love and concern Youth 2 Youth, Inc. (Y2Y) was founded in 2008.

Today Kala-Wilsey is the CEO of this non-profit organization that offers support to youth ages 11 - 24 by providing mentorship, educational tutoring, community outreach, referral services, counseling and computer access.

Shannon's husband and outreach coordinator, Aaron Kala-Wilsey, says

their goal is to, “change the community's view of our youth.”

In September 2010, Youth 2 Youth received a \$714,000 grant from the NHEP (Native Hawaiian Educational Program) and secured a space at St. Matthews Church in Waimānalo to serve as an office and learning center for three years.

They have Wi-Fi, 10 laptops and two color printers available for use Monday-Friday from 8 a.m. to 4 p.m.

Y2Y began meeting with organizations and eventually began working with the Pacific American Foundation, Captains Club, Ka Maui Ola- the Power of Healing, Olomana Gardens, Ching Nursery, Kailua High School and Windward Community College.

WCC Chancellor Doug Dykstra, along with Dean of Division II Brian Richardson, attended a cultural diver-

sity training seminar held at Y2Y's learning center in February 26, 2011.

“The team-building exercises brought Youth 2 Youth staff together with community partners. Kala-Wilsey and her husband provide support services that will help students as they bring their educational and career plans into focus,” said Dykstra.

Program coordinator Ray Mahelona is focused on building partnerships in the community and establishing Y2Y's STEM education. Mahelona says he'd like the youth “to leave (the learning center) being productive in the community.”

Mahelona is working with Pam DaGrossa, WCC anthropology instructor, to coordinate service learning projects for WCC students.

“Given Windward's strengths in natural sciences and our college's commitment as a Native Hawaiian-serving institution, collaboration with Youth 2 Youth seemed a natural fit,” said Dykstra.

Kanui Bell, former WCC student and Y2Y CFO, works with the youth on probation and interacts with parole boards on several levels to open the lines of communication.

Y2Y has more in store for the upcoming summer months, which includes work with groups such as Puakea (canoe building and paddle making), Olomana Gardens (aquaponics), Captain's Club (ocean voyaging) and Hakipu'u Learning Center (lo'i).

For details, call 259-0320 or check the website <http://www.y2yinc.ws>.



## What do you want from the new cafeteria service?

Excellent discounts for students and a list of healthy choices.

—Don Merly

I love soup! Some soup and bread would bring warmth and comfort to my day. There should be a variety and I would like to request li hing mui lollipops.

—Danielle Arias

International foods: Pho, spring roll, Thai, Chinese, and Japanese food etc. vegetarian, sandwich and salad bar.

—Kaianikoa Elderts

Cheaper food deals, healthier foods (oatmeal, fruits, salads), fast to-go items, excellent taste.

—Teddra Kiesel

I would love a vegetarian buffet! Ice cream would be good too.

—Dorian Tanginoa

I hope to see more desserts and sweets and a salad and soup bar. Seafood, mashed potatoes, corn, hash browns, and maybe some steak. I want to see a nice clean cafeteria that doesn't remind me of a hospital.

—Kianna Wasson

I would like them to make healthier dishes. With Hawai'i's concern about diabetes and heart problems, the cafeteria should serve food that is good for the mind, body and soul. We need to focus on our education. If our body isn't happy, our brain isn't happy.

—Lihau Keliikuli-Peters

I would choose Hawaiian food and a mahi-mahi plate, but they wouldn't have to sell it every day—just once a week or twice a month.

—Kehaunani Krainer

Hawaiian food, ethnic foods, blended drinks, for example, Jamba Juice, donuts, saimin and salad bar.

—Chaniel Willis

I would like to see an expanded selection (of food) just like UH Manoa is offering through Sodexo. I want to see local, fresh foods that are organic and really healthy. I look forward to freshly prepared sandwiches and hot fresh meals at an affordable price for students.

—John Cando

I hope they make some good breakfasts and something like Jamba Juice would be so good. But just don't have the same thing every week. Change it up once in a while.

—Ikaika Lowe

I hope they'll offer delicious vegetarian options. I'd also like to have the salad bar back, especially if the produce came from local farms. Also, how about soft serve ice cream or frozen yogurt bar with hot fudge, sprinkles, nuts and whipped cream? Sounds yummy to me!

—Sarah Hadmack

Fresh veggies! An assortment of fresh produce would be appreciated.

—Brittany Anderson

## Cafeteria: Creations in Catering comes to Windward

FROM PAGE 1

Due to possible eco-friendly adjustments being made in the cafeteria, such as environmentally friendly dishware, price ranges for cafeteria meals are not completely known yet.

"It's going to be affordable, either comparable or cheaper than what it already is. That's our plan. Eco-friendly requests by the campus and/or students may drive costs up because we can't control that," says Rabe.

"It's just a matter of assessing which option makes the least impact on the environment. We're trying to assess what is the best way to adjust the needs of the community."

Creations in Catering plans to use locally grown produce as much as possible, but to an extent that also provides cost-effectiveness, since buying locally is more expensive.

"Our focus is to buy local," says Rabe. "How to do it is going to be by partnering with the college to get

outside people to help subsidize the students and the administrative endeavors at WCC."

A credit card system is planned to be implemented as well as menus provided in advance.

"We will have basic weekly menus and things that we are known for. For example, we are known for beef stew—that's one of the most requested items," explains Rabe.

"We'll also have daily and weekly specials. (Students) can come four days out of the week, and they can have something different each time."

As for the appearance of the cafeteria, the catering company would like to give it a café restaurant atmosphere. They are also open to student and faculty suggestions in this area.

"I think the difference is that we're approaching it as caterers and also as a business rather than an institutional feeling. We want to know what makes

people happy," says Rabe.

Leaving the cafeteria will be the staff and students of the culinary arts program, part of the Employment Training Center, ETC.

"The bulk of our students were high school students. But some of them were adults just in transition: people who lost their jobs from, say, Aloha Airlines when they shut down," explains chef instructor and coordinator Lee Shinsato.

Shinsato has been a part of ETC for six years, going back and forth between Honolulu Community College and WCC.

High school students who lacked sufficient credits to graduate were able to make up the difference through ETC's culinary arts program.

"Our goal was to teach culinary so they, (the students), had a tangible skill, but more importantly, it was to teach them how to be a better human being

and carry that over into everything," says Shinsato.

ETC had been in existence for over 40 years, helping many students and adults. "We touched a lot of people's lives. When we go out, we still see (students) and a lot of them surprise us by saying, 'Oh yeah, I still remember you saying this and that,'" says Shinsato. "A lot of our students came in here not knowing how to learn, and we basically taught them how to learn."

"A lot of people aren't made for integrated academics; they're more applied academics, and this program is more applied academics," he continues.

"We really don't want to leave. And the reason we don't want to leave is not necessarily for us. Right now, the students will have no place to go."

"For me, anything I do is a good experience. It had its ups and downs, but the best thing about it was that we changed a lot of students' lives."



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# Triplets: Gillis-Davis family going with a new flow

by Logan Kealoha  
Ka 'Ohana Staff Reporter

Congratulations are in order for WCC Upward Bound counselor Lisa Gillis-Davis and husband, Jeff, for welcoming three boys to their family: Alexander Louis, Benjamin Graham and Jack Elton on March 10, 2011.

From oldest to youngest, the boys were Alex, 5 pounds 12 ounces; Ben, 5 pounds 7 ounces; and Jack, 5 pounds 6 ounces, born at Kapi'olani Medical Center for Women and Children.

Not only did Lisa and her husband like the "flow" of the names and the way they sounded, but they each have meaning for them.

Louis is a shared middle name with Jeff's dad and brother; Benjamin Graham is a name given for friends and mentors of Jeff; and Elton is a shared middle name with Lisa's dad, grandpa and brother.

"It was a huge surprise for us to find out that we were having triplets, especially because multiples don't run in our family," says Gillis-Davis.

Family from both sides will be flying to Hawai'i to help the parents for weeks at a time until June.

After June, Lisa and Jeff have decided to hire an *au pair*, a live-in child care provider who stays with a family for 12 months, helping parents of multiples ranging in age from infant to school-age.

Through Au Pair in America, an *au pair* agency, the Gillis-Davises were able to find someone from Brazil who met their needs.

Although this may seem out of the ordinary for some, becoming an *au pair* is a long



COURTESY OF LISA GILLIS-DAVIS

WCC counselor Lisa Gillis-Davis and her husband, Jeffrey, with their four boys, Owen (center) and triplets Alex, Jack and Ben.

process of interviews and background tests.

The basics of becoming an *au pair* include going through a personal interview, having a criminal history and background check, submitting a medical report, psychometric testing and much more.

The program fee for having an *au pair* for a year is \$7,295. This cost includes round-trip transportation between designated cities abroad and the *au pair* orientation site, orientation and training, partial J-1 visa processing, a portion of basic medical insurance and other expenses.

Some responsibilities of an *au pair* consist of, but are not limited to, getting the children ready and driving them to and from school, preparing meals, cleaning up after the children

and doctor appointments and outings.

Aside from helping the family of multiples, the *au pair* is also required to take six college credits within the year.

In a way, having an *au pair* could be compared to an international exchange program where the people involved have the opportunity to learn about each other's country.

"We decided having an *au pair* would be the best option, mainly because of the cost and flexibility," says Gillis-Davis.

Of course, there are not only requirements for the *au pair* to meet; the host family is expected to adhere to certain rules and requirements as well.

Every month, a community counselor from the Au Pair in America agency checks on the *au pairs* to make sure operations

are going smoothly, the host family is abiding by the rules and guidelines, treating their *au pair* well and making sure she is safe.

The Gillis-Davises were not only recommended to hire an *au pair* by their doctor, who's also a parent of multiples and has an *au pair*, but also heard about the agency through Aloha Mothers of Multiples, a support group for mothers of multiples that Lisa now participates in.

Aloha Mothers of Multiples has monthly group meetings for the moms and their families where they are able to sit down with each other to talk about their experiences and exchange clothes, toys and other necessities.

For Gillis-Davis, giving birth to triplets was definitely a different experience from giving birth to her first son, 2-year-old Owen, who weighed in at 10 pounds.

Although she was worried that having a C-section would be hard to recover from, it hasn't been as bad as she thought it would be.

Along with her husband, Jeff, and her OBGYN in the delivery room, Gillis-Davis says there were also at least three people (doctors, nurses, etc.) for each baby, waiting to tend to the infants.

She adds, "We were lucky to have all three of them come out very healthy."

So far, the biggest challenge for counselor Gillis-Davis has been learning how to feed the triplets within a reasonable time frame.

She starts off by breastfeeding one boy. Then when the first child is done, Lisa's mother, Diane, starts to bottle feed formula to the first baby

while Lisa starts breastfeeding the second boy, and the routine continues until all three are fed, burped and put to nap.

"We were already pretty good at budgeting, so there's not really a problem with finances yet," says Gillis-Davis.

However, support from family, friends, church and even their doctor's office has made a big difference for the family.

According to Lisa, they have about 11 boxes of diapers sitting in storage that were given to them as gifts from their church.

Also, at their last doctor visit, they were given about 18 cans of formula, which is about \$270 worth.

"I've done a lot of reading on multiples to prepare myself for this," says Gillis-Davis.

She adds, "Having triplets is very tiring because it's literally around the clock and there's no relaxed time for us unless they're sleeping."

Although triplets can be exhausting, help from everyone like her mother, husband and even her 2-year-old son, Owen, makes a difference, she says. According to Lisa, Owen is doing very well with the addition of his brothers.

She says he wakes up every morning, looking forward to counting if all three of the boys are in bed.

Owen also likes to touch their heads, give the crying baby his pacifier, attempt to carry them and feed them trail mix, thinking they're hungry.

For now, Lisa says that four boys are good enough for them and a future child is NOT in the plans.

For more details on hiring an *au pair*, visit [aupairinamerica.com](http://aupairinamerica.com).

## The Value of Hawai'i: Land development issues

FROM PAGE 10

Ko'olau districts are now threatened by massive development plans in La'ie and North Shore. Choon warned that if we do not follow the General Plan, the indigenous culture, food, and resources will disappear in 20 years.

Lauren Achitoff expressed her concern for the immense size of the Envision La'ie development of agricultural lands, and how it affects demographics and the roads and water resources. She does not believe that the development is sustainable without sensible infrastructure.

Richard Fale, Ko'olauloa Neighborhood Board Chair and La'ie development advo-

cate, asserted that the Envision La'ie development of 900 acres of pasture land will be BYUH workforce housing for people born and raised in the area.

Kent Fono'imoana, a WCC alumnus, member of the Church of Jesus Christ of Latter Day Saints (LDS) and co-chair of the Defend O'ahu Coalition, refuted Fale's statement, saying that the development project will mostly benefit the LDS community. "The Envision La'ie Project is bringing in this big development under the guise of education. When business is mixed with religion, something not right happens," he said.

"The Envision La'ie Project

will house faculty and staff transferred from other church educational institutions in order to service 2,500 more students."

Fono'imoana said BYUH is recruiting more students on the mainland and in Asia and scaled back on Polynesian students. The La'ie Marriott will be a training hotel for BYUH students and limited job and advancement opportunities will be available to the non-BYUH affiliated community members, he maintained.

"Taking 900 acres of prime agricultural land in Malaekahana is not the right way to go for our food security," he added.

In response to land de-

velopment concerns, Dr. McGregor had some thoughts to share. "There are some underlying approaches and principles for engaging inappropriate land development," she said. "First, do the homework and get to know the developers. Does the developer take into account a design that meets the needs of the community and respect the resources? Are there alternative economic projects that can be looked at?"

"Discover the developer's financial backing, research infrastructure plans and know permits that are required and pending.

The Department of Permitting and Planning is bound to

follow the rules and protect the environment, bound to protect cultural practices, and bound to protect subsistence practices. Getting good legal advice is key, and organizations such as Earthjustice and Native Hawaiian Legal Corporation can help. Make sure all the processes are followed and place the issues before the decision-making bodies," McGregor advised.

Kathleen Connors, film industry advocate, said the windward coast attracts TV and film production companies and brings millions of dollars to the state economy. She said land development projects could destroy that business.